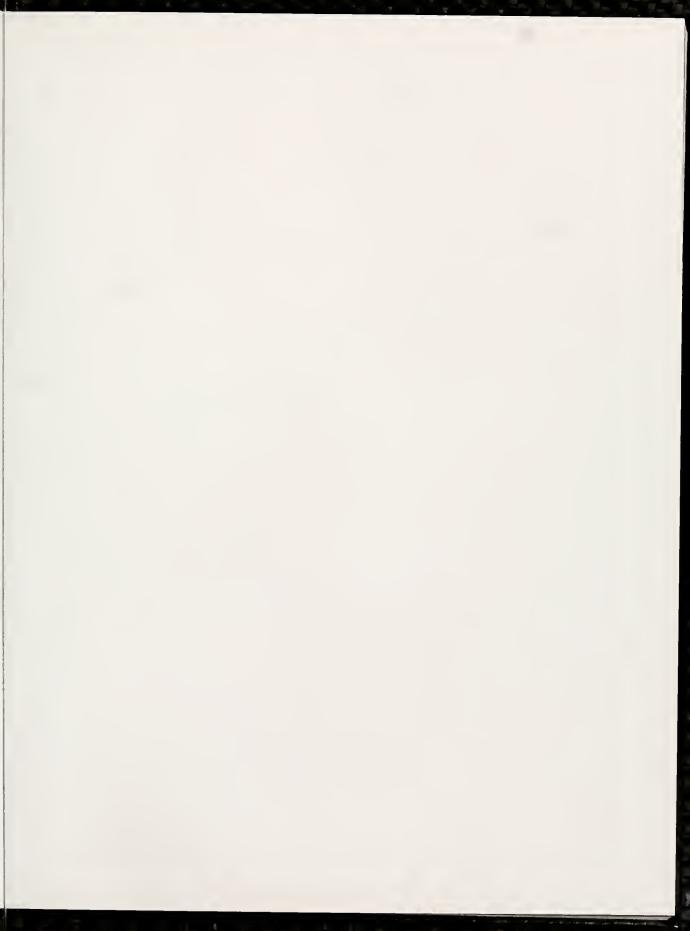


Wake Forest University School of Medicine Gay Matter • 2008







Gray Matter 2008



Wake Forest University School of Medicine Winston-Salem, NC









We would would like to take this opportunity to welcome you to your yearbook, the Gray Matter 2008.

We hope that you find great enjoyment in looking through the memories, hopes, & dreams we have tried to capture &

we hope that you will look back on this in years to come with great enjoyment.

Sincerely, The Gray Matter 2008 Staff

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I

















"Sometimes I
sits and
thinks, and
sometimes I
just sits."
- Satchel Paige







"Our truest life is when we are in dreams awake."

-Henry David Thoreau











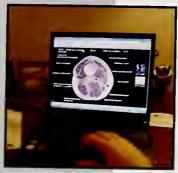




"The sun shines not on us but in us."
-John Muir

"When you play, play hard; when you work don't play at all."
-Teddy Roosevelt

















"Laughter is the best medicine..." -Proverb

In Dedication...

The Wake Forest University Class of 2008 is honored to dedicate this edition of the Gray Matter

tc

Dr. Walter Roufail

Professor of Internal Medicine Department of Gastroenterology





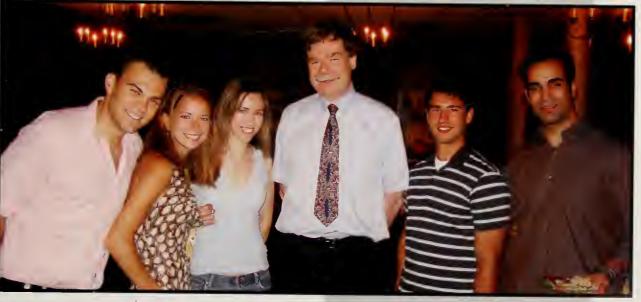












After many years of dedication to medical education, Dr. Roufail, now in his seventies, will be retiring after watching the graduation of the Class of 2008. Dr. Roufail has taught generations of medical students (in both clinical and nonclinical years), PA students, and house staff. We, the Class of 2008, are honored to have known Dr. Roufail, and hope that the dedication of this book to him is a small reminder of the role he has played in our lives over the last four years, and will continue to play as we become practicing physicians. For this, we thank you!

-Sincerely, The Class of 2008

Class of 2008









"Coming together is a beginning.
Keeping together is progress.
Working together is success."

12 - Henry Ford













"I get by
with a
little
help
from my
friends."

-John Lennon











"Walking with a friend in the dark is better than walking alone in the light." - Helen Keller























"It is amazing how many cares disappear when you decide not to be something, but to be someone." - Coco Chanel





The Class of 2008 White Coat Ceremony



Charlotte, NC

Dr. Kathy Abernethy













Vernon, CT

Dr. Todd Augustus



Dr. Faith Bachner-Reimer





"it takes courage to grow up & become who you're supposed to be."

- ee cummings







Atlanta, GA



Dr. Gretchen Banks

"Bless the Lord, O my soul, and forget not all his benefits, who forgives all you iniquity, who heals all your dseases, who redeems your life from the pit, who crowns you with steadfast love and morey ..."

- Tsalm 103: 2-4







Burnsville, NC





Greensboro, NC

Dr. David Barry













Thanks to all our family and friends for your support er encouragement - we couldn't have done it without you!



Dr. Kathleen Martin



Greensboro, NC

Dr. Lauren Becton







Chapel Hill. NC







Thank You

Dr. Jacob Benfield









Kingsport, TN

Thanks to my wife Caitlyn, my mom Irene, my dad Benny, my sisters Hannah & Elizabeth, my brother Thilip, and my cat Mischief





Dr. Stephen Blaha





To my family and especially my wife, Thank you for the love and patience you have shown me these past 4 years.







Winston-Salem, NC

Dr. Kevin Bowman



Dr. Luke Bradbury







Watsonville, CA







Dr. Kyle Brett









Tulsa, OK

"The more that you read, the more things you will know. The more that you learn, the more places you'll go."

- Dr. Suess



Wilmington, DE



Dr. Christina Bright



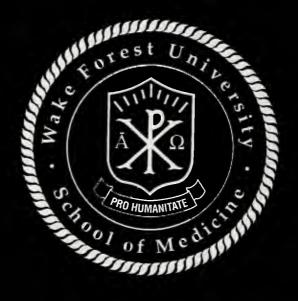






Fayetteville, NC

Dr. Allyson Bryant



Dr. Dennis Campbell





Gardnerville, NV

Dr. Omar Canaday







Battle Ground, WA

I would like to thank God and my supportive family for helping me achieve my lifetime goal. Thank you to Wake Forest for four great years!







Union, NJ

Dr. Peter Chen











Franklin, TN

Dr. Jameel Clark

Mom, Dad, Jay and April No chance I could have done this
without your love and support. From
the bottom of my heart, thank you and I
love you.







Dr. Ben Coulter







Vale, NC







To family and friends: Thanks for your support! I love you always.

Dr. Brandon Craven





"There is only one happiness in life, to love and be loved." - George Sand







Winston-Salem, NC





Sandy, UT



Dr. Nicholas Crosby

"Grow into your ideals, so that life can never rob you of them." - Albert Schweitzer



To my classmates and instructors: Thank you for the eductation.

To my family and friends: Thank you for the support.

To my daughter, Addic: You are my joy. Thank you for helping me smile.

To my wife, Deanne: You are my strength. Thank you for always being there for me.

I couldn't have done it without you.



Greenville, SC





Dr. John Cull





Dr. Brian Eichinger









Radford, VA









Lawton, OK









Dr. Jessica Eichinger

St. Louis, MO



Dr. Robbie Fischer



Dr. Natasha Fontaine



Miami. FL



To my parents, sisters, family, and friends -Thank you for your endless love and support. I would not have made it this far if God had not placed you in my life. I thank him for you every day!



Dr. Ashley Ford

o my wonderful family and friends ank you for all of your love and support!







Spring Lake, NJ





"So don't you sit upon the shore line And say you're satisfied Choose to chance the rapids And dare to dance the tides."

- Garth Brooks, "The River"

Dr. Taylor Fordham







Griffin, GA









Winston-Salem, NC

Dr. Heather Fowler





Delta. UT

A very special thanks to my wonderful, loving family for putting up with the last four years. I love you and your support means more than you know.

Love, Tyler

Dr. Tyler Gasser







Dr. Stephen Gegick





Winston-Salem, NC

Dr. Marcum Gillis





Charlotte, NC



Louisville, KY

Dr. Jack Gleason













Greensboro, NC

Dr. Jeanne Goins

Hebrews 11:1



Thillippians 4:13



"It makes you feel that maybe you too could add something that would last and be beautiful ..."

- Arthur MIller







Dr. Jose Gonzalez







Palm Coast, FL







Dr. Fawaz Habeeb







Tampa, FL



"We can't help being thirsty, moving toward the voice of water."

- Jalal ad-Din Rumi



Port Harcourt, Nigeria

Dr. Giya Harry



Dear family,

For all the missed moments, For all the sacrifices, For all the love and prayers, I say ... THANK YOU!

Giya

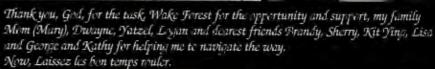


New Orleans, LA



Dr. Dana Haydel









Dr. Jeffrey Hick

Thank you to all of my family and friends for making this an enjoyable four years and to the faculty and staff for all the time and hard work that was invested in my education.





"Real success is finding your lifework in the work that you love." - David McCullough







Laguna Hills, CA



Dr. Josh Hicks

"Trust in the LORT) with all thine heart; and lean not unto thine own understanding. In all thy ways acknowledge him, and he shall direct thy paths."

Proverts 3:5-6









Briston, TN

I'd like to thank my wife,
Jessica, and my family for all of
their love and support through
school. I'd also like to express
great thanks for my little girl
Acrin...you've truly blessed my
life and have made this whole
medical school process worth it.



Lexington, NC

Dr. Keith Hill





Richmond, VA

"You must act as if it is impossible to fail." - Ashanti proverb

Dr. Kimberly Holmes





Dr. Kris Huang





VIEW
PIEDMONT
ELEV 1000
EV HERE 2900



Miami, FL



Dr. Ben Jackson

"Though one may be overpowered, two can defend themselves. A cord of three strands is not quickly broken."

- Ecclesiastes 4:12







To my wife:
Without you I would not have been able to accomplish the greatest two achievements in my life thus far, graduating medical school and the birth of our son.



Lexington, SC



Lebanon, NH







Dr. Ryan Johnson

Dad and Sara, Keena and Jeff, Heather, and Grampa - Thank you for all your support. Jenn - I would never have been able to do this without you. I love you. Mom, Nanny J, Nanny and Grampa C - Thank you.











Cary, NC

Dr. David Joyner











Dr. Eric Kao







Rancho Palos Verdes, CA

To an unforgettable adventure, and to dreams coming true







Dr. Sabrina Kimrey











Burlington, NC



"For I know the plans I have for you, declares the LORD, plans to prosper you and not to harm you, plans to give you hope and a future."

- Jeremiah 29:11

Dr. James Knutson



Fayetteville, NC



To my family - thanks for remembering me despite sparse communication and my apparent increase in size. To Katie - thanks for reminding me that at times, I have truly lived.

To WFUS VM \mathcal{O} Examine Gray - thanks for taking a chance on a guy like me.

To my teachers - thanks for showing me what his beneath the surface of me licine.

T Dr. Atala - thanks for the amnietic fluid stem calls; see you in Strekh lm.

To the Class of 2 1 7 - thanks for showing me which specialties to avid; I could wait to be one fly ar interns.

T the Class of 2008 - hi, my name is James; see y, u at creduction.







Staffanstorp, Sweden

To my wife, children, parents, brother, and friends, I extend my greatest appreciation for your leve, support and patience during the years.

Love you all, Chris

Dr. Christopher Lack









Dr. Courtney Ladika







New Cumberland, PA





Dr. Emily Langley





Thank you to my dear family and wonderful friends for accompanying me on this journey!

Love always, Emily



Charlotte, NC









Lancaster, PA

Dr. Holly Langmuir

"The way to get started is to quit talking and begin doing." - Walt Disney





















Long Beach, CA

Dr. Kat Le





I am most thankful to my mentors, Dr. Jim Peacock and Dr. Alain Bertoni, who are always available to quide me through encouragement.



Dr. Michael Levy





Farmington Hills, MI

Dr. Jerona Lewis







Charlotte, NC



To my husband - 1 am blessed to walk through this life with you. You are my love, happiness and strength.
To our son - Life's purpose is clear now with you as my inspiration.
You are my little angel.
To my family - Thank you for all of your patience and support.
I love you all.





Greensboro, NC









Winston-Salem. NC

Dr. Hieu Luu

Dr. Jody Lewis



Dr. David Mann







Salt Lake City, UT







Dr. Jennifer McGrath







Del Mar. CA







Hendersonaville, NC

Dr. Matthew Merrell



"We make a living by what we get, but we make a life by what we give."

- Winston Churchill

I just wanted to give a special thanks to all of my family and friends for all their support!

Thank you Mom & Dad!





Fairfax Station, VA



Dr. Tolga Mesen



I'd like to thank my Mother, Father, Anna, and family and friends, who over the past four years have provided unrelenting support and love.

Dr. Mary Meyer











Bellingham. WA It's been an adventure. Thanks, Steve!



Dr. Mihai Mititelu







Bucharest, Romania







Hollywood, FL

Dr. Fernando Mora



"Don't take life too seriously. You'll never get out of it alive."

- Elbert Hubbard











Dr. Jaleema Nanton

"In the depth of winter, I finally learned that within me there lay an invincible summer."

- Albert Camus



Bronx, NY











Dr. Jeffrey Ollis







Oliver Springs, TN







Dr. Amar Patel





Winston-Salem, NC



Winston-Salem, NC

Dr. Jeffrey Peacock





Kalamazoo, MI

Dr. Arika Peck

"Even after all this time, the sun never says to the earth 'you owe me,' look what happens with a love like that - it lights up the whole world."

- Hafiz





Dr. Mojabeng Phoofolo



Out beyond ideas of wrongdoing & rightdoing,

There is a field. I will meet you there.

When the soul lies down in that grass, the world is too full to talk about.

Ideas, language, & even the phrase each other won't make any sense



Maseru, Lesotho

-Jelaluddin Rumi

Mama, Daddy, Khoabs, & Lebo: I love you. Thanks for the support & patience during my growing pains. Ke motho ka ba ka la lona!

My angels: Nithya, Fatty McFlab, Queen St. crew, 07 compatriots, friends & family far & wide - a thousand plus thank yous. I love you.



Dr. Jessica Pilchard







Lakewood, CO









Pineville, NC



Dr. Michael Plaza



Gracias mami y papi.



"Adelante" - Miguel Vicente Tlaza







Winston-Salem, NC



Dr. Kathleen Punger



To all the members of my safety net: thank you for never letting me fall. I could not have done this without you. Love Always, Kally





Dr. David Poynter









Seattle, WA





Conyers, GA

Thank you to our family and friends, we would not have made it without your love and support.



Thank you God for bringing a girl from Seattle and a guy from Conyers together in Winston Salem. You have made all of our dreams come true.





Dr. Elisha Poynter

Wylie, TX







Dr. Michael Raber









Winston-Salem, NC

Dr. Derek Rapp



Thanks for the memories, horrowed notes, trips out of town, cockeuts, workouts, advice, late night conversations, and good times. I have met some of the best people I have ever known here at Wake. Good luck everyone!









Dr. Charles Richardson







Huntsville, UT

"Let me live in a house by the side of the road and be a friend to man."
- Sam Walter Foss







Dr. Shannon Rosati

"Imagination is more important than knowledge."
- Albert Einstein







Tallahassee, FL

to my family, I love you more than words can say. Thank you for your constant and unwavering support. To my friends, we've been through so much, but I am proud finally to call you colleagues and fellow doctors.





My graduation is
dedicated to my
grandfather, David Silver.
Poppy, I know you are
with me always in spirit,
I love you.



Columbus, NC

Dr. Kenneth Suave













Palm Springs, CA

Dr. Karen Schmitt



Dr. Anne Seidensticker

Let those who are rich in this present age not to be haughty, nor hope/trust in uncertain siches but in the living God, who gives us richly all things to enjoy. Let us do good, that we be rich in good works, ready to give, and willing to share. "

- I Tim. 6:17-18



Palm Beach Gardens, FL









Thank you to my family and friends for all your love and support through the years.

Dad, thanks for encouraging me, challenging me, and helping me to pursue a career in medicine. Pop-pop, thanks for making all of my dreams

Mom and Kristin, thanks for being good listeners and encouragers and for always making me laugh! Tim, thanks for being a great big brother. Grandma and Grandpa thanks for the respites at the Beach Club.

Dr. Rina Shah





Charlotte, NC



Redmond, WA

Dr. Megan Shaw











Roaring Gap, NC



Dr. David Shelburne









Dr. Ellie Simpson







Josh - I could never have made it through medical school without you. I love you & here's to our next adventure!

My Furry Friends -Life would never be the same without fur EVERYWHERE!



Bluefield, VA





Mom and Dad - The older I get the more I realize how lucky I have been. Not many people get to have parents like I have. Thank you for all your love and support. You always told me I could be whatever I wanted to be - well here I am.

Dr. Jason Simpson

Thank you to all of my family and friends for your love and support. To my wife Julia, I love you more than you will ever know. To my son Cole, thanks for getting me up early every morning with that sweet smile.









Winston-Salem, NC



"Every day you may make progress. Every step may be fruitful. Yet there will stretch out before you an everlengthening, ever-ascending, ever-improving path. You know you will never get to the end of the journey. But this, so far from discouraging, only adds to the joy and glory of the climb."

- Sir Winston Churchill

Atlanta, GA

Dr. Alexis Smith







"It is wisest to just surrender before the miraculous scope of human generosity and to just keep saying thank you, forever & sincerely, for as long as we have voices."

~ With love to all my family and friends



Chicago, L

"Imagination is more important than knowledge." - Albert Einstein











Dr. Shannon Smith



Thank you to all my friends and family, I love you!







Plano, TX



Dr. Kathryn Steele







Cookeville, TN

The best thing that happened to me this year was the birth of Raby Jack. I'd say it's even better than finishing medical school!









Dr. Blake Stevenson









Of all the things I've done; Of all the things I'll ever do; None of them will ever make me prouder; Than you.



Atlanta, GA

Dr. Lisa Taylor

George - You are my comfort, my inspiration, my love. You have been and always will be my compass, my true North.

Nate - You are my pride and joy. You are the rock that keeps me grounded and gives me strength.

For the many sacrifices you both have made, I thank you. I could not have done it without your support and encouragement.









Dr. Holly Tyler









Red Springs, NC

Thank you G d for leading me to this point in my life! am truly blessed!

To my family - you have been the platform from which all of my frames have launched into reality. Thanks for always believing in me and supporting me no matter what!
Redney, you are my strength and your support over this past year has been invaluable. I could never repay you for all that you've brought into my life, but I will spend the rest of my life trying! I love you Succeedings!





Dr. Christine Tylka

Mom, Dad, Stacey, Greg, Grandma and all my amazing friends that helped me get through this: I love you all so much, thank you for everything!







Franklin, NJ





"And the day came when the risk to remain tight in a bud was more painful than the risk it took to blossom."

~Anais Nin

Norwell, MA

Dr. Jennifer Vaughn



Mom, Dad, Carolyn, and Ryan,
Thank you for all your love and
encouragement over the last
four years. I would never be
where I am today without all of
you and I am truly blessed to
have such wonderful
supporters!





Statesville, NC



Dr. Kristin Walsh

Thanks to all my herves who have leved and supported me every step of the way. I couldn't have made it through this adventure without you!





Dr. Laine Watanabe









Wilmington, NC



Dr. Matt White











Roanoke Rapids, NC



Lawsonville, NC

"May God he with you and bless you. May you see your children's children. May you be poor in misfortunes

and rich in blessings.

May you know nothing but happiness
from this day forward."

- AnIrish Marriage Blessing

To everyone that has been with me on this journey, my heart and thanks are with you.
My love always.

Dr. Dana Winn









Maryville, TN



Dr. Alison Winstead

"He is no fool who gives what he cannot keep to gain what he cannot lose."
- Jim Elliot









Dr. Kari Yacisin





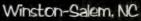
Winston-Salem, NC

Dr. Joel Yancey















Thanks to all who helped me, pushed me, and tolerated me these past four years. Most importantly, Thank You Kristen for always being there for me.



North Augusta, SC













"Go confidently in the direction of your dreams. Live the life you have imagined."

- Henry David Thoreau



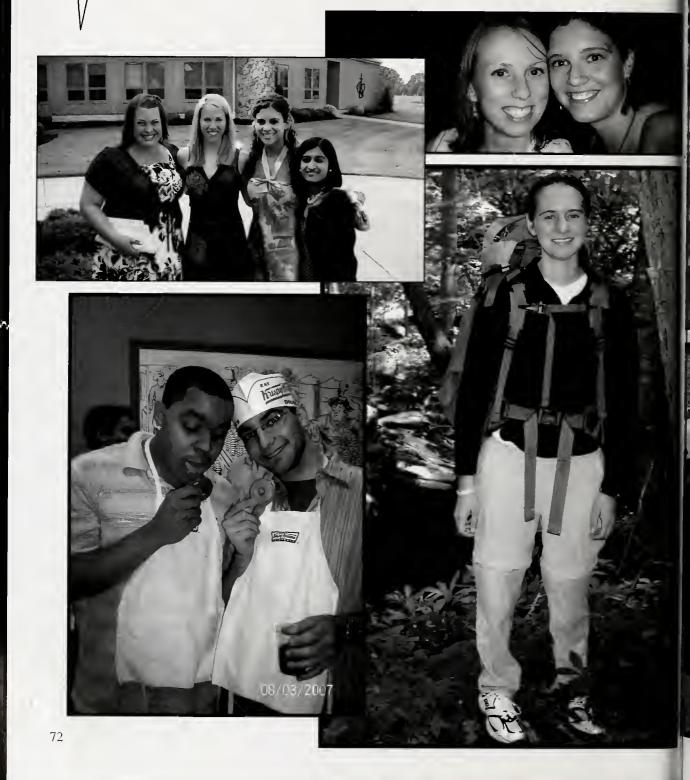
"Do you ever stop to think, and forget to start again?" - Winnie the Pooh







Third Year







True clinical training begins in the the third year, marking the transition from "book learning" to the actual practice and art of medicine. Prerounding before 5AM, overnight call, and being paged constantly may sound rough, but the experiences of delivering a baby, standing in the OR, or sitting with a dying patient for the first time really begin the transition to becoming a physician.



Aderonke Adeniyi



Aaron David Albert



Karim Ali



Yousif Alkadhi



Aaron Baer



Matthew Baker



Ashley Barber



Izona Bock



Annie Bouhairie



Byron Branch



John Brewington



Sarah Britt



Kerry Bullerdick



Jennifer Cann



Christopher Chan



Lindsay Chaney



Todd Chapman



Vivian Chidi



Malika Chowdhry



Cheng Chu



Danielle Mcdougal Chukwumah



Matthew Cline



Keva Collier



Andrew Corcoran



Malachi Courtney













































75



Karen Isaacs



Ogonna Iwuora



Rawan Kablawi



Stephen Kearns



Caroline Kim



Carolyn Kim



Sara Klinepeter



Emily Knipper



Brian Kornrumpf



Seon Kum



Jennifer Landers



Maxwell Langf



Stephanie Lareau



Kristen Lo Sicco



Nicholas Mertaugh



James Messer



Jacob Misenheimer



Sylvia Moher



Curtiss Moore



Thong Nguyen



Edidiong Ntuen



Abisola Olulade



James Owusu



William Pasle



Sarah Pearce



James Perrott



Stephen Pound



Tasha Powell



Adam Purzycki



Gregory Riedlinger



Ryan Rieser



Payam Rohani



Amanda Ruth



Jennifer Sanders



Weston Saunders



Blake Scott



Shatima Seward



Kunal Shah



Matthew Shaver



Blair Simpson



Jennifer Stanislaus



Jamil Stetler



Roy Strowd



Leon Sujata



Eric Teacher



Jonathan Tovey



Christine Tucker



Elizabeth Tucker



Darshan Vairavamurthy



Ryan Vasan



Sharon Vila



Jonathan Virkler



David Von Clef



Chia-Shi Wang



Brian Werner



Katherine Westmoreland



Deborah Jean Williams



Candace Wilson



Katherine Winstead



Lindsey Wong



Michael Xu



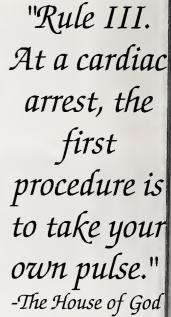
Feifei Zhao



Larry Zhao



Jack Zuckerman







2007 18:03









"Well in the end, we can all call a friend, well that's something that I know as true..."

- O.A.R., "I Feel Home"











Second Year

No longer new to medical school, second year is a time for both professional and personal growth. Students return refreshed from a summer break of research, travel, or Healthcare for the Underserved ready to jump into more 'practical' learning. Still, the year is defined by the ever looming "boards," or USMLE Step 1 Licensing exam, the first major national exam medical students are required to take prior to beginning third year.















Elfriede Agyemang



Richard Alexander



Timothy Alton



Diandra Ayala



Sumeet Banker



Caleb Barr



William Barret



Randall Beard



Matthew Beck



Philip Benfield



Kyle Binder



Karen Blackbu



William Boles



John-Adam Bonk



Judy Brangman



Snow Brenner



Ashley Brown



Michelle Brys



Valerie Buster



Emily Cantrell



Jewell Carr



Kelvin Chan



Jay Cline



Janel Darcy



Kaniksha Desai



Kristin Dew



Anthony Dinizio



Neel Dixit



Drummond



Darin Dufault





Timothy Eng



Michael Evans



Theresa Fath



Barbara Frank



Stanley Fuller



Qiqing Ge



Stuart Ginn



Ilya Gorbachinsky



Matthew Grace



Jessica Hata



Tuere Hightower-Hughes



Joseph Holladay



John Hollingsworth



Christopher Hunter



William Huntington



Iltifat Husain



Richard Jackson



Mary Jennette



Tami John



Nichole Johnson



Davis Katseanes



Stephen Keen



laar Kirzhne



Peter Koppenheffer



Paul Lichstein



Jänet Lin



Dylan Lippert



Amy Long



Joshua Long



Nicole Lopez



Dorothy Lowell



Stephen Macdade



Emily Mann



Sinthia Mannan



Sharlene Mateo



Melissa Matrisch



Carrie McCloskey



Kari Meersman



Jennifer Mickle



Merrick Miles



Benjamin Morel



Shashima Nakahara



Christopher Nelson



Steven Newton



Kyle Nichols



Ugonna Nwankwo



Oevin Odom



Bamidele Olatunbosun



Cheryl Onwuchuruba



Jung Park



Todd Peacock



Kareem Rahbar



Matthew Rankin



Stephen Reichard



Carmen Robinson



Scott Rogers



Zackary Rose



Adel Salehi



Michael Schinlever



Benjamin Schmidt



Catherine Sechnist



Oavid Seif



Weston Seipp



Chase Smith



Jennifer Squires



























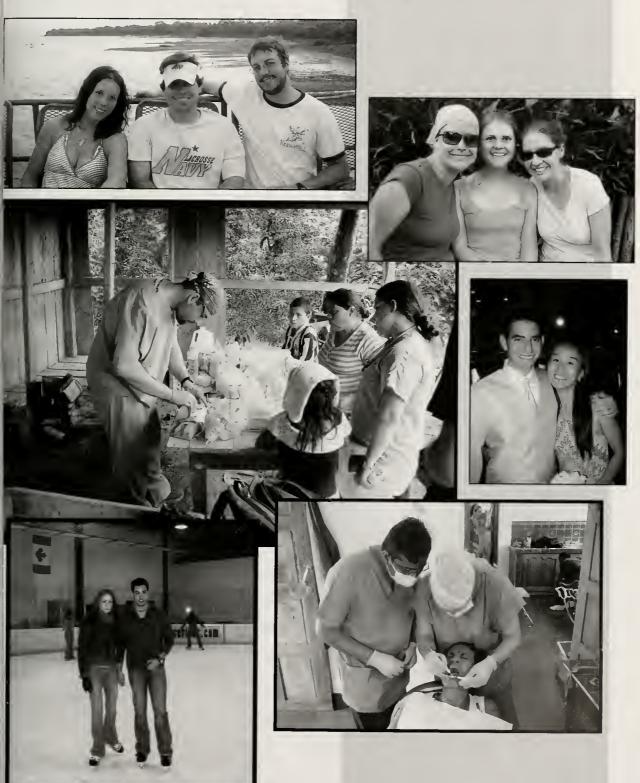






"He who studies medicine without books sails an uncharted sea, but he who studies medicine without patients does not go to sea at all."

-Sir William Osler



















"Friendship is born at that moment when one person says to another: "What! You, too? Thought I was the only one." - C.S. Lewis











First Year















It is an overwhelming time - walking past Bowman Gray for orientation, followed the next week by anatomy lab... and the firsts keep coming. New friends, new places. The first time visiting patients in the hospital, learning how to use a stethoscope. And really, it's all about learning how to become a doctor, and the responsibility that includes.









Kathryn Anderson















































Daniel Crane









































Margaret Greven





Marc Guerra



Nathan Haines



Natalie Hammond



Scott Hardison



Bradley Havins



Courtney Horton



Christopher Howard



Elizabeth Howse





Elizabeth Hunt



Richard Jackson



Brandon Johnson



Tristan Keys



Ida Khaki



Gregory Knoll



Jill Konkol



Christopher Kuppler



Callie Lambert



Tsan Lee





Marlina Lovett



Christopher Lowe



Cara Maguire



Katherine Mahoney



Mangieri



Jonathan Maslan



Gina Lee McClure



Megan McCormick





Alexandra McKenzie



Roxanne McMorris



William McNaught



Michelle Meglin



Michael Merrill



Brian Mikolasko



Patricia Miller



Samantha Miller



Blake Moore



Nicholas Musisca



Haley Neal



'You have been my friend. that in itself is a tremendous thing." -E.B. White



Shayla Nesbitt



Jason O'neal



Meredith Ochs-Mercer



Michale Ok



Ebony Parson







Courtney Redden



Heather Richards



Tonatiuh Rios-Alba



Christopher Rippetoe



Juliana Robles



Elizabeth Routh



Jarmella Russell



Ravi Sanghani



Kari Sears



Susanne Shokoohi



Mrinal Shukla



Bernard Tawfik



Amy Thompson



Jacob Tiegs



Katherine Trumbull



Kristine Uyesugi



Robert Van Der Vaart



Graham Watson



David White



Walter Wiggins



Tricia Williams



Edward Williamson



John Wofford





Yousef Yasın





Hyun Yoon





Lindsay Young





De-An Zhang

"What lies behind us and what lies before us are tiny matters compared to what lies within us."

- Oliver Wendell Holmes







"The nice thing about teamwork is that you always have others on your side." - Margaret Carty







Physician Assistant Students

As PA students we strive to become vital members of the healthcare team.

Our 2-year program includes a year of academic, clinical, and basic science studies, a Master's project designed to teach life-long learning skills, and a year of clinical rotations geared toward all aspects of the medical field while working closely with and alongside other medical professionals,



















Emily Alves



Kristie Anderson



Aliza Bro



Jennifer Brown



Kara Canaan



Jude Carr



Christopher Cowen



Gregory Cox



Christopher Craig



Haley Dotson



Rebecca Dott Jackson



Jessica Eaton



Emilee Eden



Cristie Faircloth



Lia Ferreira



Erin Frawley



Ross Galluci



Jennifer Germain 🕍



Jessica Grice



Karen Gunderson



Katie Habersbrunner



Alveta Henderson-Nash



Ashley Holdren



Camilla Hollen

Class of 2008



Alisha Holmes



Elizabeth Huss



Andrew Jones



Katherine Keith



Kimberley Key



Adina Kulcsar



Shannon Lang



Megan Luizzı



Kirsten McKoy



Tına Mehrani



Stacy Meincke



Jonathan Meriwether





Ashley Nowlan



Roger Ordronneau



Casey Leigh Owens



Leah Poovey



Kathryn Satterfield



Emily Sigmon



Ashley Slate



Dicky Smith



Ashley Woolfolk



Patrick Zeemer

Class of 2009



Rick Adams, Jr.



Ann Ballenger



Andrew Beach



Michael Brenner



Justin Brewer



Kristin Burnet



Anna Butler



Stephanie Dastrup



Michael Davanzo



Carrie Delong



Shawna Dinger



Joseph Dixon



Christy Duncan



Jillian Fina



Sarah George



Meghan Halbig



Whitney Hammer



Shannon Hanvey



Rebecca Harper



James Helm



Shannon Holberton



Jo Hughes



Kristina Hughes



Hal Hunt

Class of 2009



Mary Kathryn enkins Bumgarner



Sara Johnston



Alison Kainz Perkins



Lindsey Knowles-Jackman



Diana Kovach



Denisha Little



Elizabeth McCrate



Joy McMasters



Breony Miller Vinson



Toni Moran



Michi Nair



Miriam Patterson



Wendy Price



Greta Schlatter



Kamaria Shafeek



Bonnie Smith



Tracy Smith Martin



Penny Taylor



Whitney Thomas



Stephanie Wallace



Charles Walton, II.



Tracy Watson



Brooke Whitley



Caleb Youngblood

















"You're off to Great Places! Today is your day! Your mountain is waiting. So...get on your way!" -Dr. Seuss

"Who
needs sleep?
You're never
gonna
get it!
Who
needs sleep?
Tell me what
that's
for..."
-The Barenaked Ladies



















Graduate Students















Graduate students participate actively in research in dozens of fields ranging from cancer biology to infectious diseases. While coursework is part of their learning process, the majority of their time is spent actively involved in research projects under the direction of a principle investigator.



Merideth Addicott





Elizabeth Akıns



Heather Alger



Stewart Allen



Samuel Amoah



Jerry Angdisen



Lauren Anton



Benjamin Antonio



Peter Apel



Chelsie Armbruster





Hal Atkinson



Todd Atwood



Suzanna Bailey



Darcy Bates





Nicole Beauchamp



Belen Belete



Kimberly Bernosky



Adele Bezuidenhout



Deepak Bharkhada



Gretchen Binney



Anna Blade



Michael Blanks 114



Kimberly Blish



Amber Bonivtch



Bethany Brookshire



Shierina Brown



Kristina Brzoza





Andrew Burke



John Burkhardt



Allison Burrow



Matthew Byrd



Jennifer Campbell



Paul Cao



Gerald Capraro



Michael Cartwright





Zachary Cary



Sharon Castellino



Yu Cheng





Mayur Choudhary



Daniel Christian



Heather Coan



Brooke Cody



Lan Coffman



Jennifer Collins



Timothy Colussi



Kelly Conner



Kristie Connolly



Matthew Conover



Anne Cook



Katherine Cook







John Cravero



Steven Creacy 115



Melissa Daly



Stephanie Dance



Kerry Danelson



Akash Das



Nicole Davis



Shea Davis



Charles Comarmond



Kristen Delaney



Dawn Delo



Marvin Diaz



Patrick Dillon



Scott Dobrin



Christopher Doern



Patricia Durant



Kathleen Egan



Elizabeth Erickson



Carson Everett



Eric Ewan



Melissa Fabritius



Diane Fels



Kimberly Fisher



Lolita Forrest



Rajyalakshmi Gadi



Maria Gainey



Francis Gayzık 116



Supratim Ghosh



David Gifondorwa



Elizabeth Glover



Robert Gould



John Graef



Alexander Hadley



Morten Hadsel



Lindsey Hamilton



Crystal Hayes



Jennifer Helderma



Curtis Henry



Jessica Hester



Amy Hicks



Erin Hodgin



Sylvia Holcombe



Paul Holland



Kofi-Kermit Horton



James Hoth



Eric Hudgins



Christina Hugenschmidt



Annissa Huhn



Jeremy Ingraham



Rajay Jain



Jewell Jessup



Lin .lia



Jeray Johnson



Richard Juneau



Fumi Katsu



Keith Keene



Robert Kendig



Jennifer Kiger



Heidi Klepin



David Klorig



Heather Knupp



Bhavani Krishnan



Anna Lack



Mitchell Ladd



Tian Lan



Michael Lawrence



Tennille Leak



Dong Lee





Carla Lema-Tome



Joshua Lewis





Zhidong Lin



Joy Little



Jie Liu



Kathryn Loftis



Exazevia Logan



Cheraton Love





Masood Maching



Mary Jo Manuse





Jennifer Martelle



Katherine Martucci



Caitlin Mattos





Latronya McCollum



Allison McDaniel



Caitrin McDonough



Joseph McQuail



Jyotsana Menon



Jolene Meyer



Travis Meyer



Ryan Michalek



Chadwick Miller



David Miller, Jr.



Anna Misior



Latoya Mitchell



Doris Molina



Jonathan Morgan



Jennifer Mozolic



Michael Murray



Rebecca Myer



Manisha Nautiyal



Tam Nguyen



Van Nouven



Gena Nichols



Erasmo Martinez



Kristen Norman



Alixanna Norris



Erik Oleson



Carleitta Paige



Hetal Pandya



Alicia Pearce



Charles Pemble



Matthew Pence



Karl Pendergrass



Letitia Perdue



Zandra Pinnix



Deepika Poranki



Alexandria Proctor



Edward Pryor



Alexandre Quevedo



Karishma Rajani







Brian Rector



Stacy Reeves



Natallia Riddick



Travis Riedel







Amity Roberts



Andrea Rockel



Shane Rogers



Shunxing Rong





Jillian Rouse



Patrick Rowe



Lisa Rudd

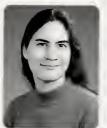


Megan Rudock





Cynthia Ryder



Anne Sanders



Tanya Sanders



Jerry Saunders



120



Latanya Scott



John Sesay



Thorsten Seyler



Nadine Shaban



Swetha Shanka



Mebrahtu Sibhatu



Paulina Sierpinski



Yuval Silberman



Benjamin Sintay





Cristian Skinner





Pameeka Smith



Richard Smith



Yufeng Song



Areepan Sophonsritsuk



David Soto-Pantoja



Tamara Spence



Megan Spurgeon



Christopher Starr



Jennifer Staten



Julie Steen



Beatrice Stefanescu



John Stehle



Neelima Sukumar



Brooke Swinteck



Matthew Talbert



Huan Tan



Jackson Taylor



Michael Thomas



Ryan Topping



Aaron Trask



Feyza Tuncer



Roberta Turner



Dana Upton



Aksana Vasilyeva



Elizabeth Waligora



Sara Walker



Jamie Wallen



Zi Wang



Revati Wani



Catherine Ward



Ashley Weant



Kelly Weaver



Fric Wein



Michael Wesley



Amanda Wibley



Ashley Wilhelm



Stephanie Willard



Laura Williams



Maria Wing



Min Wu



Jill Wykosky



Chunmei Xie



Haiyong Xu



Dana Yancey



Yanhua Yang



Saami Yazdani



Mao Mao Yu



Jingying Zha 122



Lihang Zhang

NOT PICTURED: Linara Axanova Nick Bentley David Murmeister Elizabeth Davidson Stanton Gray Jennifer Jordan Philip MacArthur John Melchior Emily Moorefield Vishakantha Murthy

James Norris Donna Perry Darryl Prime Raul Puente Sidharth Shah Kathryn Shelton Elsayed Soliman Richard Stacey Shuai Tang Hidetaka Yanagi





"Research is to see what everybody else has seen, and to think what nobody else has thought."

- Albert Szent-Gyorgyi

"Somewhere, something incredible waiting to be known." - Dr. Carl Sagan

















"Research is formalized curiosity.

It is poking and prying with a purpose."

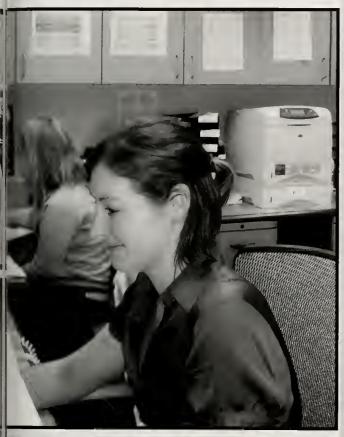
- Zora Neale Hurston

House Officers

"I hear and I forget.
I see and I remember.
I do and I
understand."
- Confucius





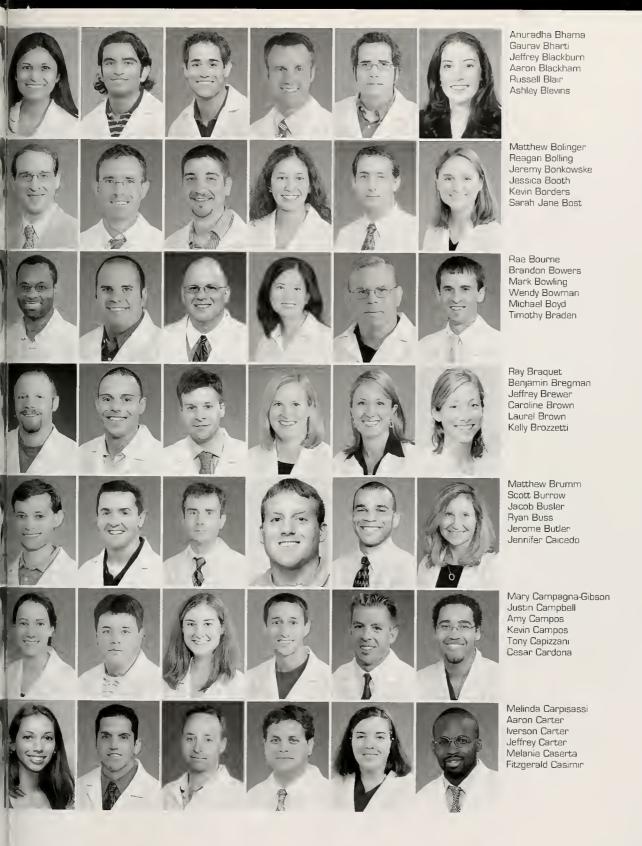


As third and fourth year medical students, you become well acquainted with the hospital's house staff. Residents become your teachers, your friends, and to whom you aspire to be. They represent the completion of our journey as they begin the lifelong practice of medicine.

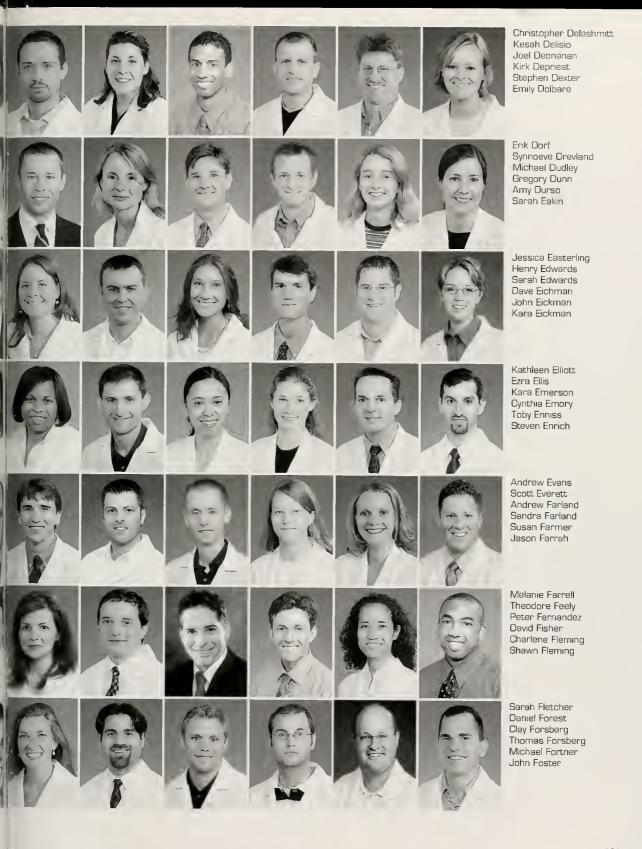




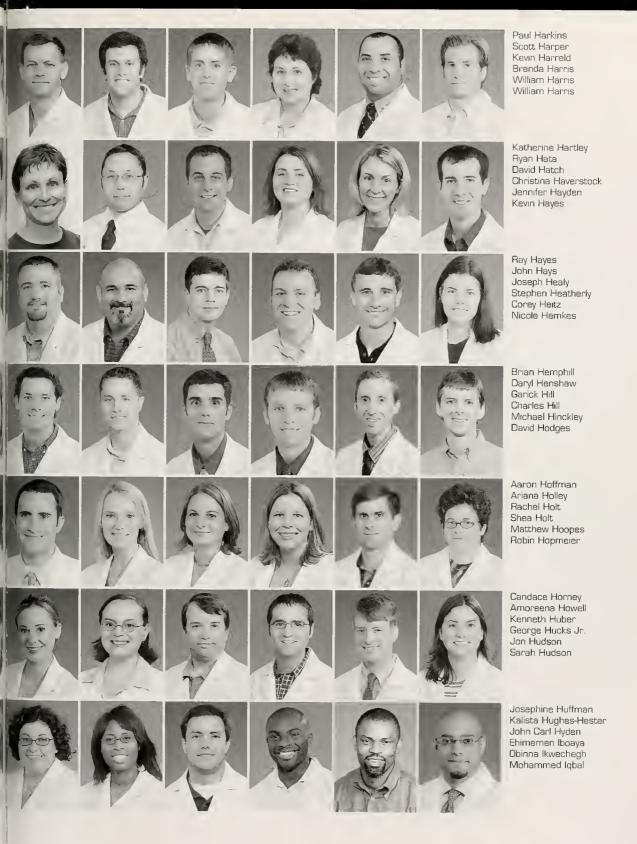
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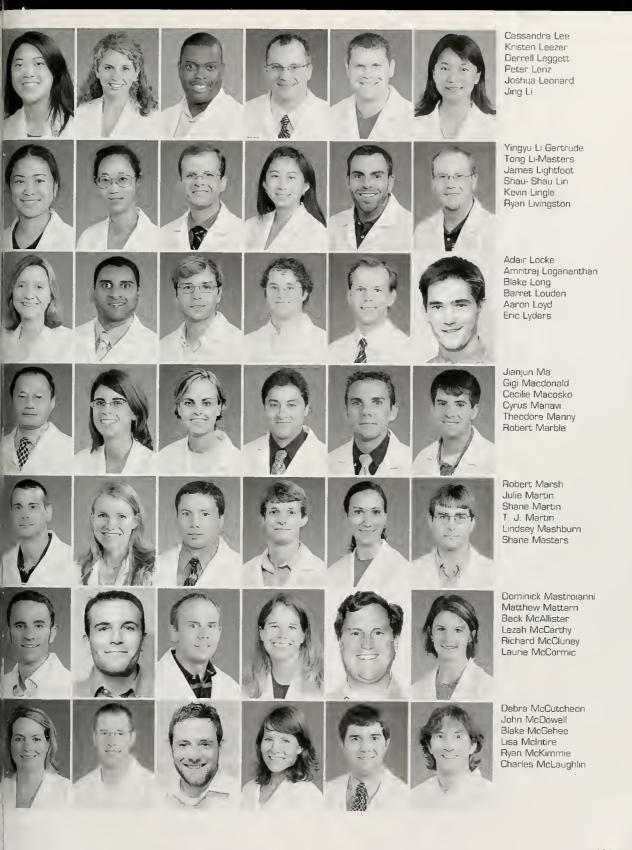
Devin Caywood Brandie Chan David Chapman Nancy Chauvin Jason Christie Jennifer Cline Jennings Clingan Ethel Cobbett Kattron Cofield Samuel Cohen Jeffrey Cale Jacob Coleman Erik Condon Amy Cooper Jack Cooper Claudine Corbett Timothy Corbett Matthew Corriere Dan Cotoman Suzanne Covington Stephanie Cox Jeffrey Craig Bradley Crosby Sakeitha Crowder McKay Crowley Jeremy Cuda Amanda Cunningham Jeffrey Cunningham Elisabeth Curtis Newell Daly Quyen Dam Kurt RKurt Daniel Rebecca Daniel Lance Dasher Asha Davis Paul Davis Ross Davis Jacob Debelak Martina Decomarmond Charles Decook Jason Deen Andrew Deibler



Harrison Frank William Frazier Justin Frederick Matthew Frederick Carrie Friesen Lance Fuller Paige Furrow John Gaillard Jodi Galaydick Jeffrey Gardner Jeffrey Garrett Gabriel Garza Christopher Gee Carol Geer John Gianıni Kemery Gilbert Ryan Gilbert Ryan Gilliam Charles Gilliland Charles Girard li Laura Godat Eduardo Goenaga-Diaz Semsa Gogcu Lauren Golding Michael Goodman Meggan Goodpasture Stacy Graham Cassandra Graybill Hansel Greiner Mary Greiner Timothy Gruebel PragPrag Gupta Brian Hacker Christine Hagan Scott Haines John Hall Jason Halvorson Kell Hamilton **Dudley Hammon** Curtis Hampton Saadia Haneef Holly Hanes

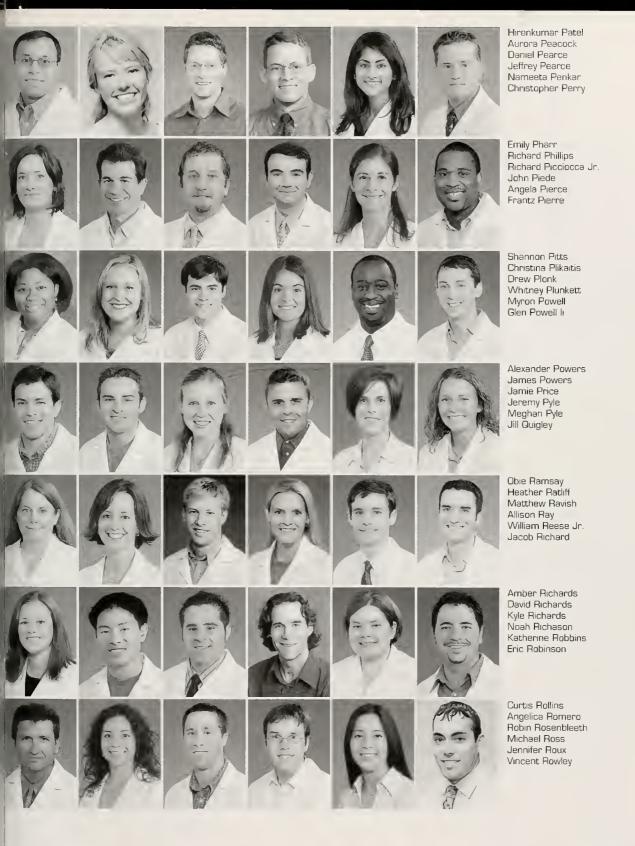


David Jacobs Jamie Jennell Courtney Jensen Jarod John Henry Johnson Allen Jones Jr. Ailise Kehill Samer Kalakish Sapna Kalsy Oksana Kantor Sendre Kaplan Patrick Karl John Kasey Lee Kennedy Katherine Kerchner Kamran Khaghany Bahram Kiani James Kidder Josh Kilpatrick James Kimberly Kelly King Deborah Kirby Christian Kirman Laura Klatt Gunnar Klauss Daisuke Kobayashi Jimmy Kontos Bill Kortesis Brian Kouri Kyle Krehbiel Kristin Kucera Patrick Laguerre Susan Lakoski Cory Lamer Zanetta Lamar Nathan Lambert Geoffrey Lamke Zhaoli Lane Adam Langenbrunner Jennifer Law Laurie Lebleu Andrew Lee

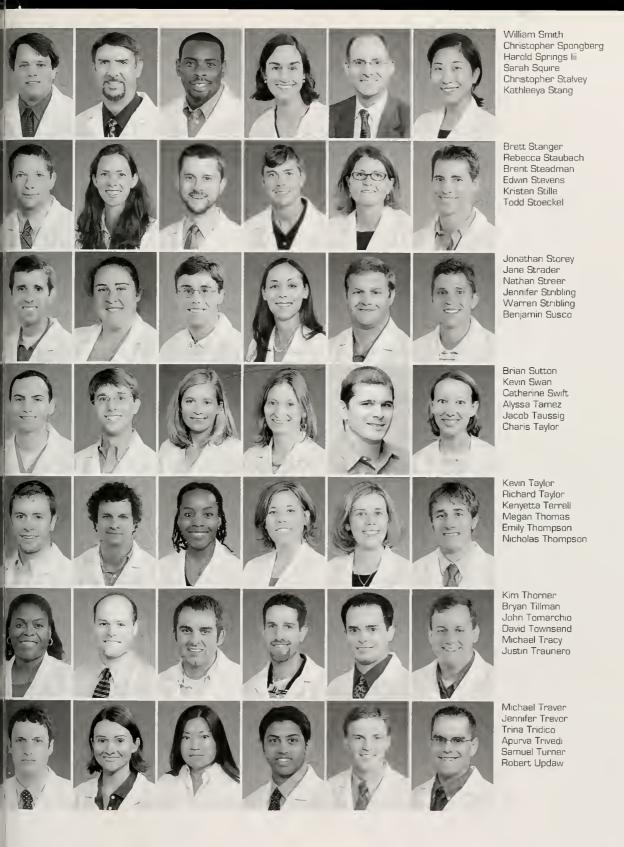


John McMullan Jenifer McNair Kyle Mezger Matthew Miles Aaron Miller Christine Miller Lewis Miller Stacey Miller Alice Mims Steve Mohler Kelley Mondi Arta Monjazeb Anna Monroe Brad Moody Franklin Moore Mary Moore Phillip Moore William Moore Drew Moorman Michael Morgan Gayle Murray Suzette Myton Jaclyn Nadler Lucas Neff David Neison Casey Nekl Matthew Nelson Christopher Newton William Newton Annie C Noiseux Kathryn Olsen Rasheed Onafuye Deborah Opalski Brian Opitz Candi Overholt Brian Paitsel Elizabeth Park Graham Parks Amy Parsons Arpita Patel Bhavin Patel

Anastasios Papadonikolakis



Cornelio Ruperto Ashley Rush Paul Saconn Nabil Salameh David Saliba Adamu Salisu Xanthia Samaropoulos Kevin Sampson David Sanders Ellen Sanders Terry Sanders John Pettey Sandifer Vanessa Sandifer Ryan Sauer Eric Schaefer Kurt Schoppe Melanie Schwartz Stephen Scibelli Michele Scott Holly Serk Brian Shaffer Mahim Shah Ripal Shah Lisa Sheehan Jian Shen Rajeev Shenoy Gregg Shepard Christian Shield John Shields Hae Shin Erin Shiner Nevin Shrimanker Kevin Shute Charles Van Sikes III. Jose Silva David Simmons Amy Singleton Jason Skyles Bryan Smith David Smith Landon Smith Michael Smith



Brandy Utter Bradley Van Dyke Oliver Varban Jennifer Vick Will Voelzke Harsha Vyas Stephen Wade Chad Wagner Jaime Stephan Wagner Ali Wahla Eric Wallace Jordan Wallin Sarah Walsh Alicia Walters Bing Wang Joshua Ward Benjamin Warner Rebecca Warner Scott Watson Michelle Weber Megan Webster Meredith Welch David Werle Charles White Patrick Whitlock Christopher Whitlow Cari Lyn Wilcox Jennifer Wildpret Geoffrey Wile Wade Wilkerson Joseph Williams Jonathan Wilson Stephen Winter Benjamin Wood Elizabeth Wood Jeyhan Wood Scott Wuertzer Qing Ye Joseph Yeboah Christopher Yelverton Amy Yester Marc Yester













Vivienne Yoon Sarah Young Yorke Young Roderick Zalamea John Zannis Michael Zapadka





Xiaoying Zhu David Zub

"The education of the doctor which goes on after he has his degree is, after all, the most important part of his education."

- John Shaw Billings

Faculty



The faculty encompasses all those individuals responsible for medical, PA and graduate student teaching. Some teach only in the classroom, some only on the wards, and others play a critical role in bridging the gap between both worlds. They push us and shape our education, teaching us to teach ourselves. 142









"The dream begins with a teacher who believes in you, who tugs and pushes and leads you to the next plateau, sometimes poking you with a sharp stick called 'truth'."

-Dan Rather

Charles Able Jon Abramson Norman Adair Michael Adams Patricia Adams Michael Adler Patience Agborbesang Maryam Ahmed Samuel Ajizian Mebea Aklilu Steven Akman Laurie Albertini David Albertson Megan Alexander Martha Alexander- Miller Elizabeth Allen Roy Alson Karl-Erik Andersson Mark Andrews John Anstrom Evelyn Anthony Peter Antinozzi Benjamin Antonio Robert Applegate William Applegate Mark Archambault

Thomas Arcury Louis Argenta

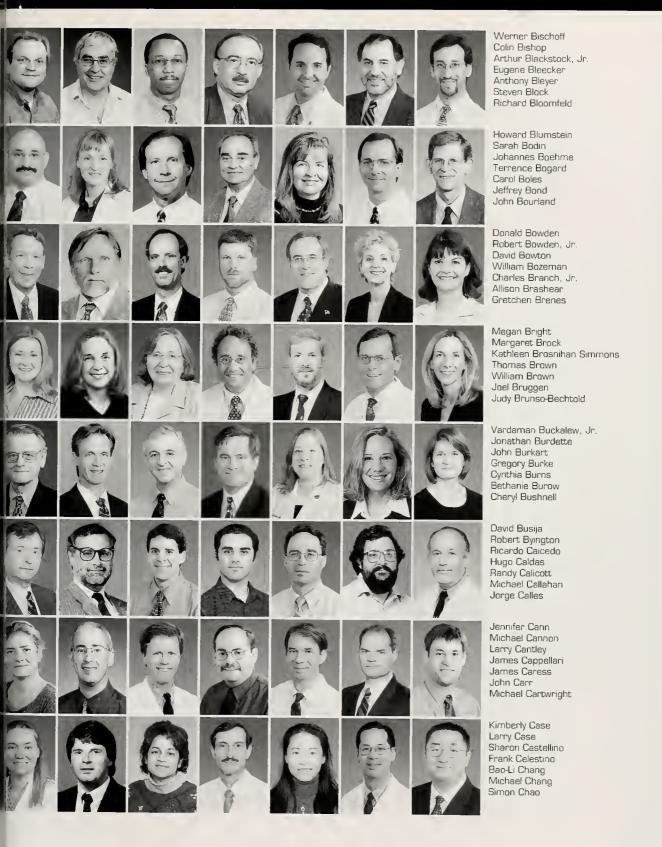
> Lorraine Arias Fernando Ariza Elizabeth Arnold Dean Assimos Anthony Atala Hal Atkinson Nancy Avis

Charulata Badlani Gopal Badlani John Baillie R Bain Michael Baker James Ball Craig Barnes

Loren Bauman Alan Baydush Michael Beaty Robert Bechtold Daniel Beekman Peter Belford Ronny Bell

William Bell Pamela Bensimhon Simon Bergman Joel Berry Alain Bertoni Michael Bettmann John Birkedal

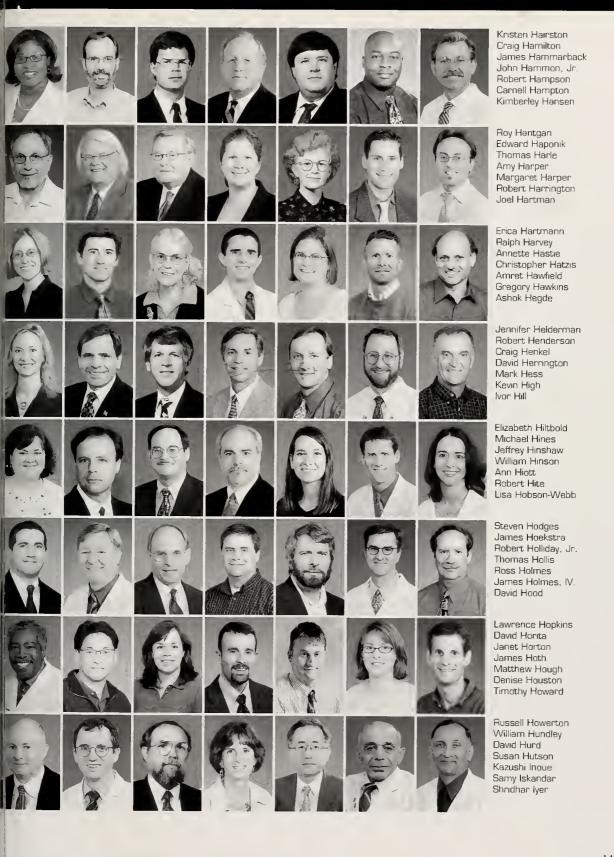




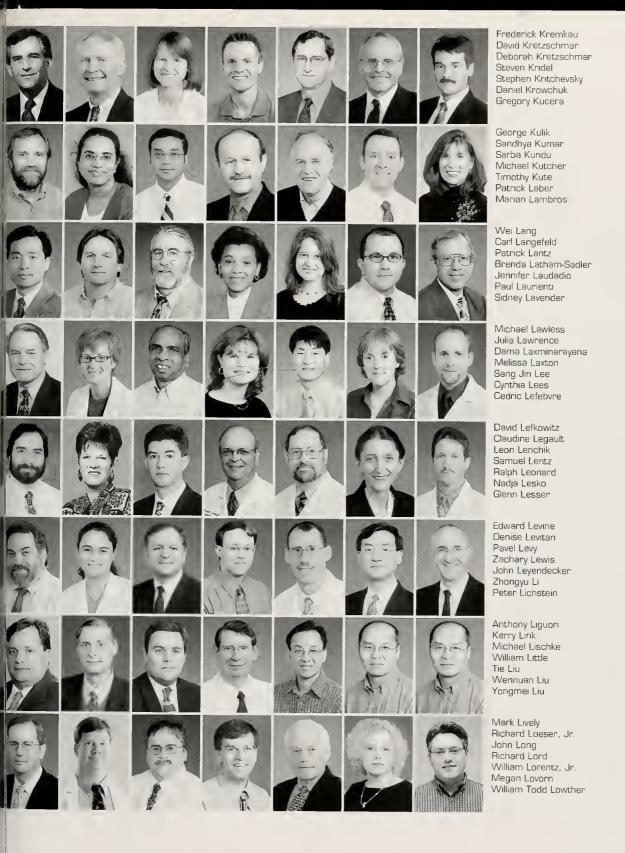
Mark Chappell Arjun Chatterjee Michael Chen Che-Ping Cheng Martin Childers Steven Childers David Childs Caroline Chiles Floyd Chilton Robert Chin, Jr. Mary Christiaanse Joesph Ciacci Henry Claiborne Hollins Clark Jerry Clark Paige Clark Thomas Clarkson Charles Clinch David Cline J Cline Michael Coates Juan Codina Robert Coghill Gail Cohen Laura Coker John Conforti Ngina Connors Stephen Contag Jason Conway Amanda Cook Stephen Copeland Daniel Couture Wesley Covitz Nancy Cox Scott Cramer Sonia Crandall James Crews John Crouse Julia Cruz Zheng Cui Walton Curl Laura Curtis Ralph D'agostino, Jr. Robert D'angelo Vincent D'souza Pirouz Daeihagh Margaret Dailey Suzanne Danhauer Larry Daniel James Daunais Lisa David Stephen Davis Michael Dawes Paul Dawson Charles De Comarmond Michel De Maeseneer



Kristie Foley Joesph Foley lii Mary Fontana-Penn Arthur Foreman John Fortunato, Jr. Capri Foy Jane Foy Barry Freedman Larry Freeman Rita Freimanis Daniel Fried David Friedman John Frina Bart Frizzell Amanda Froment Curt Furberg Heather Furlong Howard Gage, Jr. Patricia Gallagher Elizabeth Gamble Sanjay Gandhi Alison Gardner Pradeep Garg Sudha Garg Raymond Garrison Abbott Garvin Michael Gautreaux Yaorong Ge Randolph Geary Ann Geiger Kim Geisinger John Gerancher Karen Gerancher Kathleen Gibson Patricia Gibson Matthew Giegengack Laurence Givner Stephen Glazier Michael Glock Melicia Glover William Gmeiner Devon Godfrey Dwayne Godwin David Goff, Jr. Neal Goldman Donald Goldstein Erich Grant David Grantham Ann Graves Jason Grayson Jennifer Greene Annette Grefe David Grier Leanne Groban Joesph Grzywacz Hongtao Guo



Richard Jackson David Jackson, Jr. Rajay Jain Geoffrey Jao Donald Jason Vinodh Jeevanantham Douglas Jeffery Tamison Jewett Huai Jiang Riyaz Jınnah Annette Johnson James Johnson Allison Jones Sara Jones James Jordan Joesph Jorizzo Johanna Jorizzo Saju Joy Frederic Kahl Suneetha Kalathoor Leslie Kammire Jay Kaplan Sebastian Kaplan Sakshi Kapoor Karl Karlson, Jr. Peter Kavanagh William Kearns Jeffrey Kelly David Kelly, Jr. Kathi Kemper James Kerrigan Yi-Kong Keung Islam Khan Douglas Kilgus Jin Kim Jong Yeal. Kim James Kimball Edward Kincaid Kesi Kindle Nancy King Julienne Kirk Paul Kirkman Daniel Kirse Dalane Kitzman Heidi Klepin Kurt Klinepeter Mary Knovich Mark Knudson Kenneth Koch Nancy Kock Kathleen Kolaski L. Andrew Koman Neal Kon Patrick Koty Robert Kraft Stephen Kramer



Baisong Lu Vera Luther Elizabeth Lyerly Douglas Lyles Mary Lyles Ana Macdowell Drew Macgregor

David Magilner Joesph Maldjian David Manthey Gail Marion David Martin Thomas Martin Timothy Martin

Charles Massler Angela Massmann-Figueroa Charles Mathias Brian Matthews Joanna Matyska John May Allison McBride

Charles McCall
W. McCall
William McCann
Brian McCool
David McCullough
Thomas McCutchen
Mary McDaniel

Maria McGee Henderson McGinnis John McHaffie Mahta McKee Thomas McLean Gordon McLorie Amy McMichael

Kevin McMullen Linda McPhail Richard McGuellon Susan Melin J. Meredith David Merrill Heather Mertz

Catherine Messick Judith Messura Linda Metheny-Barlow Deborah Meyers Antonius Miller Brigitte Miller Chadwick Miller

> Mark Miller Michael Miller Preston Miller Scott Miller David Miller, Jr. Carolanne Milligan Franklyn Millman





David Ott William Outlaw John Owen Medge Owen Elizabeth Palavecino James Palermo Guy Palmes

Peter Pan Manoj Pariyadath Griffith Parks John Parks Lenore Parks Derek Parsonage Rodolfo Pascual

Corey Passman James Peacock Kevin Peacock Carolyn Pedley Paul Pegram, Jr. Raymond Penn Thomas Perrault, Jr.

Fred Perrino James Perumpillichira Donald Peters Stephen Peters Timothy Peters Porter Peterson Patricia Petrozza

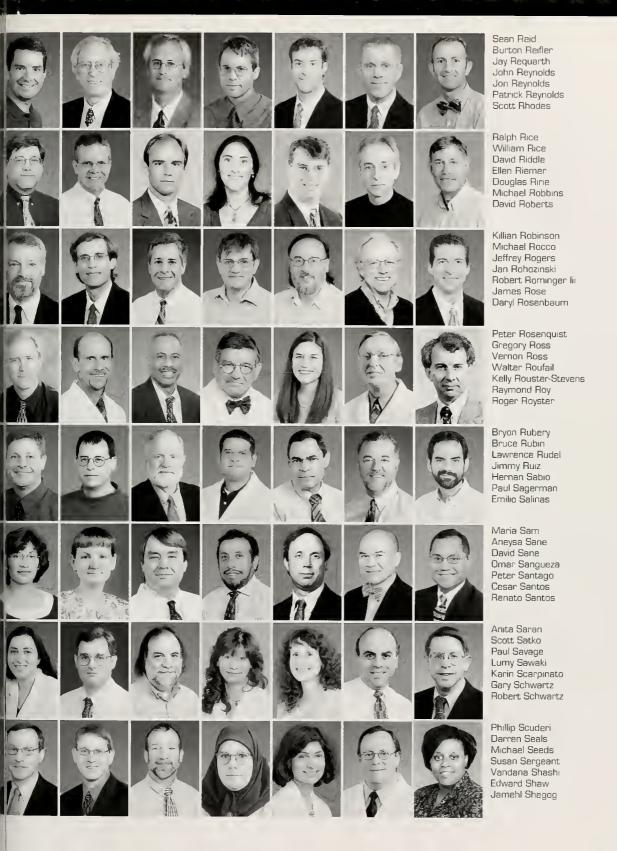
Mark Pettenati John Petty William Petty, Ur. Rita Pichardo-Geisingen Peter Pierre George Plonk

> Katherine Poehling Jeffrey Pollock Gregory Pomper Leslie Poole Peter Porcelli, Jr. Mercedes Porosnicu Linda Porrino

Bayard Powell Thomas Pranikoff Ronald Prineas Sara Quandt Karen Raines Ramnarayan Ramachandran Stephen Rapp

> Beth Reboussin David Reboussin Catherine Rees Amber Reeves-Daniel John Regan Thomas Register Suzanne Reich





Gregory Shelness Perry Shen Robert Sherertz Avinash Shetty Hang Shi Zakariya Shihabi Carol Shively

Sarah Shoaf Catherine Shull Sally Shumaker Mustafa Siddiqui Tony Simmons Marcus Simpson, Jr. Sara Sinal

> Sonal Singh Kaycee Sink Joesph Skelton Thomas Slaughter M. Slusher Beth Smith James Smith

> > Jennifer Smith Peter Smith Ronald Smith Thomas Smith Timothy Smith John Smith Iii Shay Soker

Mitchell Sokolosky Mary Sorci-Thomas John Spangler Barbara Specter Scott Spillmann David Sprague Richard St. Clair

Terrence Stanford Constance Stanton Sergiu-Eugeniu Stefanescu Barry Stein John Stewart, IV. Joel Stitzel, Jr. Jack Strandhoy

> Robert Stratta William Strawn Robert Strickland David Stump Guangchao Sui Charlie Suttenfield Thomas Sweasey

Andrew Sweatt William Swords Elisabeth Tallant Rong Tang Hisham Tchelepi Robert Teasdall Charles Tegeler, IV.





Robert Weller Gretchen Wells Thomas West Carl Westcott Marlena Westcott Deborah Whelan Douglas White

> Ethan Wiesler Aimee Wilkin John Wilkinson Daniel Williams Derek Williams James Williams Jane Williams

Rodney Williams Susan Williams Jeff Williamson Phillip Williford Mark Willingham John Wilson Tony Wilson

Tripp Winslow Julie Winterich James Wofford Marcia Wofford Charles Wood Frank Wood Daniel Wozniak

Carter Wright, Jr. Jianfeng Xu Theodore Yaeger Tamer Yalcinkaya Raghunatha Yammani Qing Yang Judith Yasunaga

> R. Yeatts James Yoo Gil Yosipovitch Richard Young Barbara Yoza Liqing Yu Ronald Zagoria

Stacie Zelman Yuanyuan Zhang Weiling Zhao Weixin Zhao





















































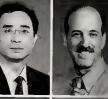
























NOT PICTURED:

Michelle Adams Walter Ambrosius Robert Apgar Susan Appt Subhashini Arimilli Allyson Bennett Thomas Beveridge Robert Brame Evgeny Budygin Nancy Cartwright Haiying Chen

Heng-Jie Cheng Christos Constantinidis Paul Czoty Edward Diala Donald Dougherty Doug Easterling Rebecca Edwards William Eshaw William Fisher Christina Furdui Bhaskara Gadivenkatavizaya

Melaney Gee Zhennan Gu Qiang Gu Satoru Hayasaka Scott Hemby Stanford Hill, Jr. Joan Hilner Katherine Holzbaur Timothy Houle Allyn Howlett Fang-Chi Hsu

Robin Hurley Wenke Hwang Edward Ip Kylie Kavanagh Xiaoyan Leng Matthew Loza Michelle Nicholle Stephen Parsons Edwin Pulaski Sherry Pulaski April Ronca

Edward Sikoski, III. Rajinder Singh Paula Sisk Beverly Snively Sidney Steinberg James Stevens Allen Tsang Christopher Turner Nadeem Wajih Cherrie Welch



"Medical education is not just a program for building knowledge and skills in its recipients . . . it is also an experience which creates attitudes and expectations."

- Abraham Flexner





Dr. Walter Bo



After earning his Ph.D. at the University of Cincinnati in 1953, Dr. Walter Bo joined the medical faculty at the University of North Dakota before moving to Bowman Gray in 1963. At the end of this year Dr. Bo will be retiring retirement being relative! Dr. Bo will continue to assist in the Anatomy Course all students take during the first 12 weeks of medical school. In addition, he has recently published a new edition of his renowned textbook, the Basic Atlas of Sectional Anatomy that includes correlated radiographic imaging.

Dr. Bo, we thank you for terrifying us, teaching us, and making us better physicians. We are proud to know you and grateful for your time.

The Class of 2008

Dr. Julia Cruz

Dr. Cruz will be retiring from the Department of Hematology & Oncology at the Wake Forest University School of Medicine. She has been actively involved in the teaching of the Hematology Basic Science block and in clinical teaching.

You have been with us in the beginning. You have taught us basic science and clinical applications, supported us in our education and our lives, and shown us better ways to be doctors. Perhaps more importantly you remembered us by name (no, we do not forget when we get cards or email from you) and singled us out of the 'herd' from the first day, marking us each as individuals. We are sad to see you leaving, but are so grateful that you have made the journey with us.

The Class of 2008



Student Interest Groups











Students are introduced to the interest groups during orientation week. These groups provide valuable lectures, information and hands-on early experience about particular medical specialties, a lot of fun and a way to connect with individuals of similar interests and ideals. Groups such as these allow students to take part in volunteer activities and serve in leadership roles.







AMA



APAMSA



Anesthesia



Arts & Medicine



Dermatology



Family Medicine

"The beginning of knowledge is the discovery of something we do not understand."
- Frank Herbert

Additional Student Interest Groups: (No Photo Available)

Cardiology CMDA DEAC Emergency Medicine International Health Ob/Gyn Operation Smile Path 2 Path Psychiatry Radiology Radiation Oncology Say Ah's SGA SIGN (Neurology) Tinsley Harrison Society Ultrasounds Wilderness Medicine



Oasis



Pediatrics



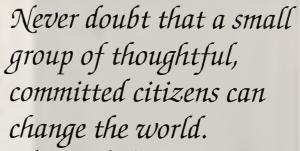
Surgery



Share the Health



SNMA



- Margaret Mead







Student Life













In the Student Life section, we'll try to give you a glimpse of what it's like to be a student at "the Baptist" as it is affectionatly known. Some of the events focus mainly on medical students, but expect to see a mix of medical, graduate, and PA students on the following pages! Each day is a crazy adventure, and we invite you to take a look back at what we've done for the past year.

Orientation

Orientation for the incoming first year class traditionally begins in late July. While the daytime sessions serve to teach students about the medical center and resources available to students, the nighttime events serve as a means to mingle with faculty and other students, helping to break the ice and form essential early bonds and friendships.









Fall Convocation









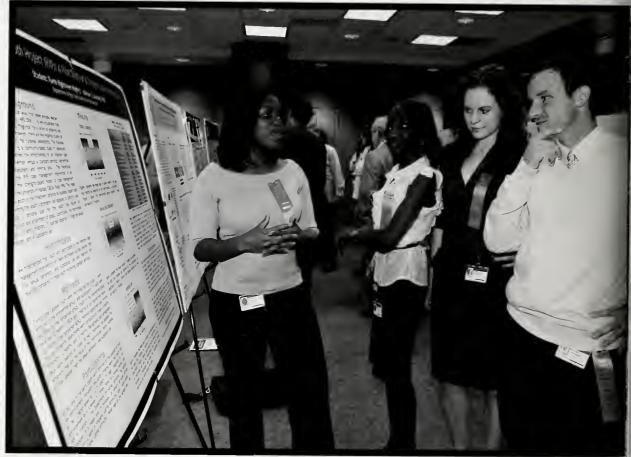
The White Coat Ceremony that is part of Fall Convocation is an important milestone where medical students receive their offical "short coats". These coats mark the budding student physicians and are worn until graduation, after which newly minted physicians are entitled to wear the 'long coat' marking them as doctors.



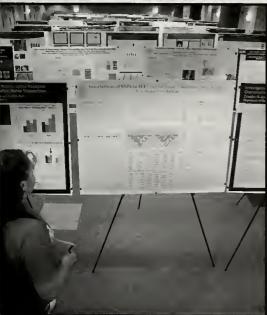
Medical Student Research Day











Each year, dozens of medical students participate in Medical Student Research Day, presenting posters on projects they have participated in or designed and performed over the past year. Many students receive NIH grants, particularly between the first and second years. And of course, there's a little friendly competition, with judges from among the faculty deciding the winner.

Halloween Party









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Holiday Ball

The Holiday Ball, also known as the medical school "prom" takes place in early December of each year. Semiformal attire and a fancy evening at the Sawtooth Center allow everyone to show a different side of themselves outside of jeans for the classroom or scrubs for the wards.















Share the Health Fair









The Share the Health Fair is an annual event at Marketplace Mall run by students from the medical and PA schools and provides basic screening and health information to underserved populations in Winston-Salem. Hundreds of students volunteer for the multi-day event and faculty and staff turn out as well, all in the spirit of giving back to the community.

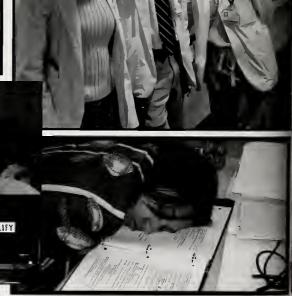
Classroom & Wards

"The rhythms of disease are learned by frequent repetition; its' unforeseen occurences stamp themselves indelibly in the memory."

- Oliver Wendell Holmes















Travel



















"The World is a book, and those who do not travel read only a page. " - St. Augustine

Tying the Knot

"Now join hands, and with your hands your hearts."

- William Shakespeare



















Grow old along with me.
The best is yet to be...

- Robert Browning

The Next Generation

"While we try to teach our children all about life, Our children teach us

~Angela Schwindt

about."

what

life is all















Four-Legged Friends

























"Animals are such agreeable friends they ask no questions, they pass 110 criticisms."

- George Eliot

In Real Life



"No act of kindness, no matter how small, is ever wasted." -Aesop

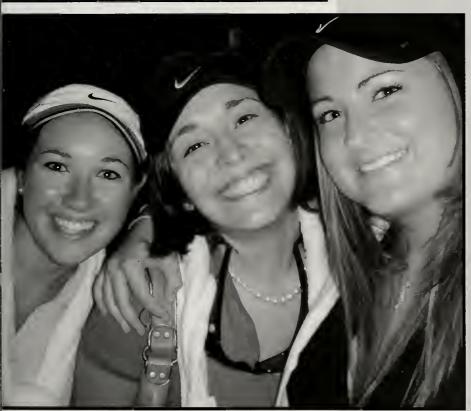






"We make a living by what we do, but we make a life by what we give."

- Sir Winston Churchill









"It's kind of fun to do the impossible." - Walt Disney









"There are no classes in life for beginners: right away you are always asked to deal with what is most difficult."

-Rainer Maria Rilke

The Final Days: Class of 2008







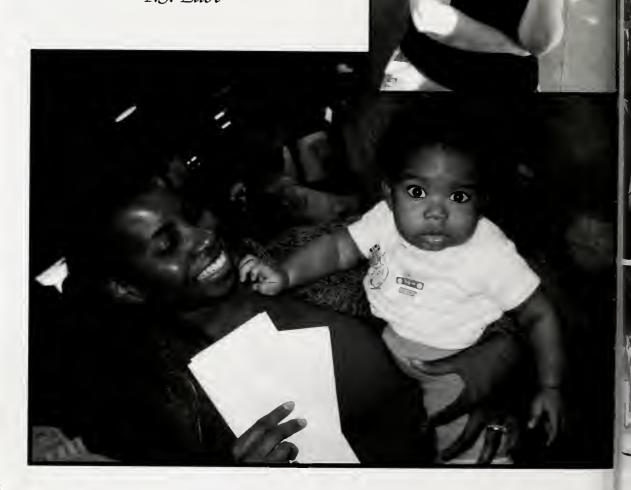


After two years of passing each other in the halls, the Class of 2008 came back together for Match Day, for the last few weeks of our medical education, and for the last round of weddings while still in school. And while a great many things have changed over the last four years, a comforting number of things stayed the same.

Match Day

"What we call the beginning is often the end. And to make an end is to make a beginning. The end is where we start from."

-T.S. Eliot









Match Day is probably the most awaited day of medical school (next to graduation itself). It is that magical Thursday in March when soon-to-bedoctors nationwide find out where they will be performing their residency (and for some, what specialty they will be in). Match Day itself is a time of celebration. relaxation, and relief following one of the most stressful times in medical school and coming before the flurry of graduation and moving to new jobs and towns. It is a day shared with friends and family, with flurries of phone calls, sometimes tears, and often smiles.









"Come quickly, I am tasting the stars!"

- Dom Perignon













"Just about a month from now I'm set adrift, with a diploma for a sail and lots of nerve for oars." - Richard Halliburton

Mary K. Abernethy (HO I Pediatrics) (HO III Child Neurology) Univ of Alabama Med Ctr Birmingham, AL

Todd M. Augustus (Psychiatry) Univ of North Carolina Hosps Chapel Hill, NC

Faith A. Bachner-Reimer (Emergency Medicine) Orlando Reg Healthcare Orlando, FL

Gretchen C. Banks (Pediatrics) Wake Forest Baptist Med Ctr Winston-Salem, NC

David W. Barry (Internal Medicine) Vanderbilt Univ Med Ctr Nashville, TN

Lauren J. Becton (Pediatrics) Med Univ of South Carolina Charleston, SC

Jacob L. Benfield (HO I Surgery) East TN State Univ Prog Johnson City, TN (HO II Radiology-Diagnostic) Wake Forest Baptist Med Ctr Winston-Salem, NC

Stephen J. Blaha (Obstetrics-Gynecology) Carolinas Med Ctr Charlotte, NC

Kevin M. Bowman (HO I Medicine) Wake Forest Baptist Med Ctr Winston-Salem, NC (HO II Ophthalmology) Eastern Virginia Med School Norfolk, VA E. Luke Bradbury (HO I Medicine) (HO II Neurology) Vanderbilt Univ Med Ctr Nashville, TN

> L. Kyle Brett (Internal Medicine) Univ of Virginia Charlottesville, VA

Christino M. Bright (Internal Medicine) Univ of Colorado School of Med Denver, CO

Allyson K. Bryant (HO I Surgery) Wake Forest Baptist Med Ctr Winston-Salem, NC

Dennis Campbell (HO I Surgery) (HO II Neurosurgery) Wake Forest Baptist Med Ctr Winston-Salem, NC

Omar S. Canaday (Internal Medicine) Univ of Nevada School of Med Reno, NV

Peter C. Chen (General Surgery) Univ of Rochester - Strong Mem Hosp Rochester, NY

> Jameel T. Clark (Pediatrics) Med College of Georgia Augusta, GA

Benjamin L. Coulter (Pathology) Med Univ of South Carolina Charleston, SC

Brandon L. Craven (HO I Surgery) (HO II Urology) Wake Forest Baptist Med Ctr Winston-Salen, NC Nicholas E. Crosby (Orthopaedic Surgery) Hamot Med Ctr Erie, PA

John D. Cull (General Surgery) Rush Univ Med Ctr Chicago, IL

Heather F. Cumbo (Internal Medicine) Wake Forest Baptist Med Ctr Winston-Salem, NC

Brian M. Eichinger (HO I Medicine) (HO II Radiology-Diagnostic) Univ of TX Health Science Ctr San Antonio, TX

Jessica B. Eichinger (Internal Medicine) Wilford Hall Air Force Med Ctr San Antonio, TX

Robert M. Fischer (HO I Medicine) (HO II Radiology-Diagnostic) Wake Forest Baptist Med Ctr Winston-Salem, NC

> Natasha N. Fontaine (Internal Medicine) Johns Hopkins Hosp Baltimore, MD

Ashley E. Ford (Obstetrics-Gynecology) Hosp of the Univ of PA Philadelphia, PA

M. Taylor Fordham, Jr. (Otolaryngology) Med Univ of South Carolina Charleston, SC

Tyler G. Gasser (HO I Medicine) Veterans Affairs Med Ctr Boise, ID (HO II Radiology-Diagnostic) Wake Forest Baptist Med Ctr Winston-Salem, NC

Stephen J. Gegick (Internal Medicine) Carolinas Med Ctr Charlotte, NC

Marcum G. Gillis (Internal Medicine) Wake Forest Baptist Med Ctr Winston-Salem, NC

John F. (Jack) Gleason, Jr. (HO I Surgery) (HO II Radiation Oncology) Univ of Kentucky Med Ctr Lexington, XV

Jeanne L. Goins (Otolaryngology) Wake Forest Baptist Med Ctr Winston-Salem, NC

Jose Luis Gonzalez-Engle (Emergency Medicine) Palmetto Hlth Richland Columbia, SC

Fawaz Habeeb (Internal Medicine) Univ of Alabama Med Ctr Birmingham, AL

Onengiya Harry (Pediatrics) Cleveland Clinic Foundation Cleveland, OH

Dana M. Haydel (Pathology) Univ of CA Irvine Med Ctr Orange, CA

Jeffrey M. Hick (HO I Medicine) Univ of Utah Affil Hosps Salt Lake City, UT (HO II Dermatology) Univ of Southern CA Los Angeles, CA Joshua A. Hicks (HO I Transitional) Physicians Med Ctr Carraway, AL (HO II Ophthalmology) Univ of Alabama Birmingham, AL

Keith D. Hill (Emergency Medicine) Wake Forest Baptist Med Ctr Winston-Salem, NC

Kimberly J. Holmes (HO I Surgery) Wake Forest Baptist Med Ctr Winston-Salem, NC

Kris Huang (HO I Medicine) Wake Forest Baptist Med Ctr Winston-Salem, NC (HO II Radiation-Oncology) Jackson Mem Hosp Miami, FL

J. Benjamin Jackson III (Orthopaedic Surgery) Carolinas Med Ctr Charlotte, NC

Ryan C. Johnson (Pediatrics) Dartmouth-Hitchcock Med Ctr Lebanon, NH

David A. Joyner (HO I Transitional) Maryland General Hosp Baltimore, MD (HO II Radiology-Diagnostic) Univ Hosp Jackson, MS

> Eric I. Kao (Emergency Medicine) Pitt County Mem Hosp Greenville, NC

Sabrina L. Kimrey (Pediatrics) Univ of TX Med Branch Austin, TX James E. Knutson (HO I Transitional) New England Med Ctr Boston, MA (HO 11 Radiology-Diagnostic) Beth Israel Deaconess Med Ctr Boston, MA

Christopher M. Lack (HO I Medicine) (HO II Radiology-Diagnostic) Wake Forest Baptist Med Ctr Winston-Salem, NC

> Courtney C. Ladika (Family Medicine) McKay-Dee Hosp Ctr Ogden, UT

Emily W. Langley (Pediatrics) Vanderbilt Univ Med Ctr Nashville, TN

Holly M. Langmuir (Obstetrics-Gynecology) Hosp of the Univ of PA Philadelphia, PA

Katherine Y. Le (Internal Medicine) Mayo School of Grad Med Educ Rochester, MN

> Michael Levy (Pediatrics) UCLA Med Ctr Los Angeles, CA

Jerona A. Lewis (Family Medicine/Urban) Carolinas Med Ctr Charlotte, NC

Jody P. Lewis (HO 1 Medicine) Wake Forest Baptist Med Ctr Winston-Salem, NC

Hieu T. Luu (HO I Surgery) Wake Forest Baptist Med Ctr Winston-Salem, NC

David B. Mann (Otolaryngology) Univ of Utah Affil Hosps Salt Lake City, UT

K. Kathleen Martin (Pediatrics) Vanderbilt Univ Med Ctr Nashville, TN

Jennifer J. McGrath (Pediatrics) Childrens Hosp-LA Los Angeles, CA

Matthew T. Merrell (HO I Surgery) Wake Forest Baptist Med Ctr Winston-Salem, NC (HO II Anesthesiology) Univ of Florida COM-Shands Hosp Gainesville, FL

> Tolga B. Mesen (Obstetrics-Gynecology) Carolinas Med Ctr Charlotte, NC

Mary K. Meyer (Emergency Medicine) Mayo School of Grad Med Educ Rochester, MN

Mihai Mititelu (HO I Transitional) Univ of Pittsburgh Med Ctr-Mercy Hosp Pittsburgh, PA (HO II Ophthalmology) North Shore-LI Jewish Hlth Sys Long Island, NO

> Fernando Mora (Anesthesiology) Jackson Mem Hosp Miami, FL

Jaleema R. Nanton (Obstetrics-Gynecology) Wake Forest Baptist Med Ctr Winston-Salem, NC

Jeffrey A. Olfis (HO I Surgery) (HO II Anesthesiology) Univ of Tenn Grad SOM Knoxville, TN Amar P. Patel
(HO I Medicine)
Univ of CA Irvine Med Ctr
Orange, CA
(HO II Ophthalmology)
New York Eye & Ear Infirmary
New York, NY

Jeffrey E. Peacock (HO I Medicine) Moses H Cone Mem Hosp Greensboro, NC (HO II Anesthesiology) Wake Forest Baptist Med Ctr Winston-Salem, NC

> Arika L. Peck (General Surgery) Henry Ford Hosp Prog Detroit, MI

Mojabeng Phoofolo (Internal Medicine) Einstein/Montefiore Med Ctr Bronx, NO

Jessica L. Pilchard (Pediatrics) Univ of South Florida COM Tampa, FL

Michael J. Plaza (HO I Transitional) Riverside Reg Med Ctr Newport News, VA (HO II Radiology-Diagnostic) Jackson Mem Hosp Miami, FL

David J. Poynter (Family Medicine) Wake Forest Baptist Med Ctr Winston-Salem, NC

Elisha J. Poynter

Kathleen W. Punger (Family Mcdicine) Wake Forest Baptist Med Ctr Winston-Salem, NC

> Michael R. Raber (HO I Surgery) (HO II Neurosurgery) Univ of Arkansas Little Rock, AR

Derek, A. Rapp (HO I Surgery) Beth Israel Deaconess Med Ctr Boston, MA

> Charles D. Richardson (Tamily Medicine) McKay-Dee Hosp Ctr Ogden, UT

Shannon F. Rosati (General Surgery) VA Commonwealth Univ Hlth Sys Richmond, VA

Kenneth J. Sauve (HO I Surgery) New Hanover Reg Med Ctr Wilmington, NC (HO II Anesthesiology) Duke Univ Med Ctr Durham, NC

Karen E. Schmitt (HO I Transitional) Carilion Clinic Roanoke, VA (HO II Ophthalmology) Vanderbilt Univ Med Ctr Nashville, TN

Anne L. Seidensticker (Medicine-Primary) Wake Forest Baptist Med Ctr Winston-Salem, NC

> Rina X. Shah (Pediatrics) NYU School Of Med New York, NY

Megan A. Shaw (Medicine-Primary) Univ of Washington Affil Hosps Seattle, WA

David M. Shelburne (Family Medicine) Wake Forest Baptist Med Ctr Winston-Salem, NC

Estie E. Simpson (Obstetrics-Gynecology) NOP Hosp-Cornell Med Ctr New York, NY

Jason F. Simpson (Anesthesiology) Wake Forest Baptist Med Ctr Winston-Salem, NC

Alexis D. Smith (General Surgery) Univ of Maryland Med Ctr Baltimore, MD

Shani F. Smith (HO I Medicine) (HO II Dermatology) Univ of Chicago Med Ctr Chicago, IL

Shannon E. Smith (Obstetrics-Gynecology) Tufts-New England Med Ctr Boston, MA

> Kathryn M. F. Steele (Emergency Medicine) Albany Med Ctr Hosp Albany, N

Blakely K. Stevenson (Anesthesiology) Wake Forest Baptist Med Ctr Winston-Salem, NC

Lisa Taylor (Emergency Medicine) Wake Forest Baptist Med Ctr Winston-Salem, NC

Holly K. Tyler (Orthopaedic Surgery) Wake Forest Baptist Med Ctr Winston-Salem, NC

> Christine T. Tylka (Psychiatry) St Lukes-Roosevelt New York, NY

Jennifer A. Vaughn (HO I Transitional) Riverside Reg Med Ctr Newport News, VA (HO II Radiology-Diagnostic) NOU School of Med New York, NO Kristin M. Walsh (Internal Medicine) Mayo School of Grad Med Educ Jacksonville, JL

Laine M. Watanabe (HO I Medicine) CA Pacific Med Ctr San Francisco, CA (HO II Phys Medicine & Rehab) Stanford Univ Progs Stanford, CA

Matthew S. White (Internal Medicine) Univ of North Carolina Hosps Chapel Hill, NC

Dana R. Winn (Jamily Medicine) Wake Forest Baptist Med Ctr Winston-Salem, NC

Alison V. Winstead (Pediatrics) Univ of Alabama Med Ctr Birmingham, AL

Kari A. Yacisin (Internal Medicinc) Univ of TX SW Med School Dallas, TX

Joel B. Yancey (Obstetrics-Gynecology) Carolinas Med Ctr Charlotte, NC

Bronwyn L. Young, II (Internal Medicine) Wilford Hall Air Force Med Ctr San Antonio, TX

In Acknowledgement



Creative Communications

Thank you to Lou Davis, Cameron Dennis, and Will Willner for photographing the students, house officers, and faculty.

A special thank you to Linda Arcure for her work on formatting the portrait pages.

We could not have done it without you!

The Gray Matter 2008 Staff



Lynn Snyder Registrar

We would like to offer you our appreciation for serving as the Gray Matter adviser. Thank you for being with us in this at times difficult, often trying, and frequently humorous year. It is your encouragement and support has made the creation of this book possible.

With Love,

Dana Winn & Holly Langmuir Co-Editors of the Gray Matter 2008

The Gray Matter 2008 Staff

Teaching Awards & Recognition

Teaching Excellence Award Dr. Joel T. Bruggen



Charles Brian Clark Memorial Award Lynn Snyder, Registrar

Class of 2008 Teaching Awards Clinical Science Dr. James Peacock Basic Science Dr. James Johnson House Officer Dr. Ray Braquet

Class of 2009 Teaching Awards Clinical Science

Dr. Patrick Ober & Dr. James Peacock

Basic Science

Dr. Peter Smith

House Officer

Dr. Candi Overholt

Class of 2010 Teaching Awards

Clinical Science

Dr. Tamison Jewett

Basic Science

Dr. Steve Mizel & Dr. Peter Smith

Class of 2011 Teaching Awards

Clinical Science

Dr. Tamison Jewett

Basic Science

Dr. James Johnson

Student Honors & Awards

Gold Humanism Honor Society

Founded by Dr. Arnold Gold and wife, Sandra, the Gold Humanism Honor Society honors senior medical students recognized by their classmates for "demosnstrated excellence in clinical care, leadership, compassion and dedication to service."

Mary Katherine Abernethy Gretchen Stuart Cort Banks David Werth Barry Christina Margaret Bright Brandon Lee Craven Nicholas Excell Crosby Ashley Elizabeth Jord Morgan Taylor Jordham Jeanne Leigh Goins

James Benjamin Jackson
Emily Walters Langley
Jerona Alysse Lewis
Kendra Kathleen Martin
Charles Delwyn Richardson
Karen Elizabeth Schmitt
Jason Ferebee Simpson
Holly Kristina Tyler
Alison Virginia Winstead

Alpha Omega Alpha Honor Society

"Alpha Omega Alpha is organized for educational purposes... and its aims shall be the promotion of scholarship and research in medical schools, the encouragement of a high standard of character and conduct among medical students and graduates, and the recognition of high attainment in medical science, practice, and related fields." - from the AOA Constitution

Junior Year Spring Inductees

Christina Margaret Bright John Francis Gleason, Jr.

Joshua Aaron Hicks Keith Daniel Hill

Senior Year Fall Inductees

Gretchen Stuart Cort Banks
David Werth Barry
Stephen Joseph Blaha
Laura Kyle Brett
Brandon Lee Craven
Jessica Barry Eichinger
Morgan Taylor Fordham
Jeffrey Michael Hick

Ryan Christopher Johnson Christopher Marcus Lack Emily Walters Langley Jessica Lynn Pilchard Karen Elizabeth Schmitt Kathryn Marie Jesler Steele Jennifer Vaughn

Student Achievement Awards

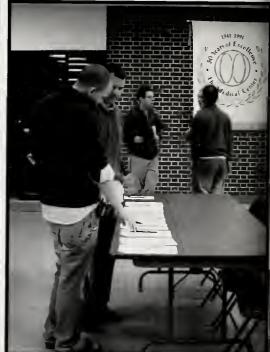
MAA Excellence Award For the senior who embodies the concept of the total physician	Christina Margaret Bright
The Leonard Tow Humanism in Medicine Award Presented by the Arnold P. Gold Foundation	Christina Margaret Bright
Faculty Award For demonstrating overall scholarship and character	Christina Margaret Bright
Charles B. and Agnes Cree Deane Cancer Research Award For outstanding work in Clinical Oncology	Michael Levy
M. Robert Cooper Scholarship Award For expressing serious interest in the field of Oncology	John Francis Gleason, Jr.
Obstetrics and Gynecology Merit Award For outstanding academic and professional stature in Ob/Gyn	Shannon Jaith Rosati Jaleema Regine Nanton
Pediatric Merit Award For all-around ability and interest in Pediatrics	Emily Walters Langley
Richard T. Myers Surgical Merit Award For excellence in the field of Surgery	Kendra Kathleen Martin Allyson Kosterman Bryant
Robert P. Vidinghoff Memorial Award For aptitude and devotion to the field of Family Practice	Courtney Cushner Ladika
Dr. Martin and Sandra Castelbaum Award for Excellence in Internal Medicine For outstanding work in Internal Medicine	Christina Margaret Bright
Excellence in Dermatology Award	Shani Francis Smith
Matsumae Award For demonstrating compassion and interest in international understanding	Kari Ann Yacisin
SAEM Medical Student Excellence in Emergency Medicine Award	Keith Daniel Hill
Outstanding Medical Student in Psychiatry Award	Christine Teresa Tylka
Isadore Meschan for Academic Excellence in Radiologic Sciences	Jennifer Ann Vaughn
David Bryan Sloan, III MD Award for Excellence in Ophthalmology	Amar Prabodh Patel
Richard L. Burt Research Achievement Award	Shannon Faith Rosati
Excellence in Neurology Award	Edward Luke Bradbury
Gray Matter Service Award	Dana Renee Winn Holly Marie Langmuir

Phase V





During Phase V, the Class of 2008 came back together for seminars, workshops, and ACLS recertification of course, a little bit of fun had to be involved as well, including the First Annual "Burn One Down Party," where the hated short white coats went up in a blaze of glory.





remember moments." - Cesare Pavese

In late July of 2004 the Class of 2008 walked past Bowman Gray as we began our first day of orientation as first year medical students.

"A

journey

of a

thousand

miles

must

begin

with a

single

step."

-Lao Tzu





"Every
exit is an
entry
somewhere
else".
- Tom
Stoppard

On May 19th, 2008, the Class of 2008 walks past Bowman Gray after graduation as we begin our first day as physicians.



A Word From The Deans

Dear Graduates,

At Wake Forest University, every medical school class seems exceptional, and the Class of 2008 is no exception. You have distinguished yourselves through your academic achievements, your contributions to society, your resourcefulness, and your perseverance. I am privileged to have been a part of your passage from accomplished college graduates, eager to tackle the challenges of medical school, into proud possessors of the M.D. degree. I congratulate all of you on this notable achievement.

As your experience no doubt has taught you, each step along the pathway you have chosen is a greater test of your mettle than the last, and therefore presents a challenge that is both daunting and compelling. I assure you that you are well prepared to ascend to the next level - residency training. I say this with confidence because your success as physicians, individually and collectively, is uppermost among our goals as we continually refine and improve the medical school experience for our students. We take pride in our graduates and their postmedical school performance, and once again, your class will be no exception.

In the years to come, I will follow with interest how your class fulfills its aspirations as family physicians, specialists and subspecialists, teachers, leaders in medical research, leaders in organized medicine, and leaders in community service. I especially look forward to becoming reacquainted with you not as dean and student but as peers in the profession we honor and share.

To the Class of 2008, congratulations on reaching this milestone on the way to achieving your ultimate goals. You are now graduates of Wake Forest University School of Medicine. You're exceptional.

Sincerely,

Bill Applegate

To the Class of 2008,

Thank you for the honor and privilege of working with you as you've developed into competent, caring, and compassionate physicians. You've been a true inspiration, and a constant reminder of why those of us who preceded you went into medicine. You are what's good about our profession, and I look forward to hearing about the great things you'll be doing with your patients and your lives. You make our school (and me) proud.

Class of 2008 -

'ongratulations!

ou have accomplished some remarkable things.

here is a lot that is happening in your amazingly complex life.

Low do yourself a real favor.

top all of that.

Don't stop it totally. Don't stop it all the time. But stop it for a while, every day.]

Disconnect.

Find a time to disconnect yourself from your iPod, your cell phone, your pager, your e-mail, your television, and all the other ommotion that you confuse with being alive.

All of your multi-tasking is multi-distracting, and it is injurious to your well-being.]

Get away from the commotion for a little while.

Find a space where things are so quiet that you are the only one present. It could be in the shower, in your car, on a park bench...the location doesn't matter.

Here is what matters:

Alone.

Quiet.

Your refuge should be so quiet, so free of distraction, that you can be mesmerized by the track of a raindrop drizzling down the windowpane.

[You should be so alone that you don't feel obliged to explain to anyone else that you are mesmerized by the track of a raindrop drizzling down the windowpane.]

And in the solitude and the quiet, you will find more than the drizzle; you will discover that a storm is raging.

"Life does not consist mainly, or even largely, of facts and happenings. It consists mainly of the storm of thought that is forever flowing through one's head." - Mark Twain

Find time to listen to the storm.



Dear Class of 2008:

We wish you the very best as you leave medical school to pursue the next step of your journey in medicine. You have worked hard and the fruits of your labors will benefit mankind. Thanks for letting us be a part of your past four years. It has been a pleasure to watch you develop from students in the anatomy lab, to participants in small groups, to the eager young doctors in the clinics and now to competent physicians. As you go from here, be bold and dare to live life creatively. We look forward to hearing from you in the years to come. So long, be happy! - Jim and Marcia Wofford



To the Woffords:

We thank you for the four years of dedication you have given us. You have walked our path with us since the beginning, and we are joyous that you will be with us to celebrate as we end this leg of our journey. You have given us your time, your thoughts, your support; you have opened your home to us. In doing so, you have become more than mentors - you have become part of our family. With grateful hearts, we thank you.

With love,

The Class of 2008

With Thanks



Office of Student Services

To the ladies of Student Services who have made our time in medical school a bit easier, we offer our thanks. Not only have you helped us meet deadlines and kept us on track, but you have provided emergency candy and every other kind of care we can imagine! We appreciate all the encouragement and support you have provided us over the past four years.

The Class of 2008

Academic Computing

For recovering a lost outline, reloading
Epocrates, and listening to our feedback, we
would like to thank the dedicated staff in
Academic Computing.
You have taught us to breathe and reboot.
Many thanks to Dennis, Chris, and Curtis!
The Class of 2008



To Our Loved Ones

We could not have made it without you - without your understanding of late nights and early mornings, of tears and frustrations.

We could not have made it without someone to tell us about the better things in life when we had gotten almost too far down to remember why we were doing this crazy thing.

We could not have made it without laughter and joy, birthday parties, weddings, babies, and the rest of life that keeps going on while we work ridiculous hours.

We will carry our memories of all you have done and continue to do for us with us on the next step of our journey. Thank you.

Love, The Class of 2008



Dr. Joseph "Mac" Ernest Associate Dean of Student Services

After several years serving as Associate Dean of Student Services for Wake Forest University School of Medicine, Dr. Ernest will be leaving Wake Forest to take a position as Department Chair of Obstetrics & Gynecology at Carolinas Medical Center in Charlotte, NC in July of 2008 where he will continue to be involved in medical education.

Dear Dr. Ernest -

Thank you for your humor and guidance through some of the most trying years of our lives. We are grateful that you will be with us through the end of our time as medical students. We wish you all the best in Charlotte!

The Class of 2008

Congratulations







"The purpose of life is to live it, to taste experience to the utmost, to reach out eagerly and without fear for newer and richer experience."

-Eleanor Roosevelt





"The fireworks begin today. Each diploma is a lighted match. Each one of you is a fuse."

--Edward Koch







"I believe
humans get a
lot done, not
because we're
smart, but
because we
have thumbs
so we can
make coffee."
-Flash Rosenberg



"How did it get so late so soon?

It's night before it's afternoon.

December is here before it's June.
My goodness how the time has flewn.

How did it get so late so soon?"
-Dr. Seuss













"Do not follow where the path may lead. Go, instead, where there is no path and leave a trail."

-Ralph Waldo Emerson





"Life moves pretty fast. If you don't stop to look around once in a while you could miss it."























"Success: To laugh often and much, to win the respect of intelligent people and the affection of children, to earn the appreciation of honest critics and endure the betrayal of false friends, to appreciate beauty, to find the best in others, to leave the world a bit better, whether by a healthy child, a garden patch, or a redeemed social condition; to know even one life has breathed easier because you have lived. This is to have succeeded! " -Ralph Waldo Emerson

"The world needs dreamers and the world needs doers. But above all, the world needs dreamers who do." -Sarah Ban Breathnach













Great job!
We are so proud
of you and thank
God for you and
what He has done
in your life.

Congratulations Dr. Jessica Pilchard

With all our love, Dad, Jason, Bethany & Elijah and Caddie





Benjamin,
Congratulations on accomplishing this goal
you set for yourself in becoming a doctor.
We are proud of you and will continue to
support you and your beautiful family.
Love,
Mom and Dad





Daddy,
I'm so proud of
you! I know how
hard you've worked,
but we also had lots
of fun times! Mama
said she's proud of
you, too.
Love,
Rubygail Alisa





Dear Fawaz.

We are very proud of your achievement.

May God bless your future with health. happiness and success.

With Love. Mom. Dad. Jihan & Faiz

Nurses are cool... but doctors rock!

Megan, we are so very proud of you. What an awesome doctor you will be!

Lots of love, Mom & Dad







The hand of a future surgeon.
Congrats Alexis!
From Mom, Dad, Nikki, Uncle
Nick, Aunt Jan & Aunt Anna
We're so proud of you!



You have since childhood strived to achieve the things you set your eyes on. This last bit has taken a bit longer but has been done. Bravo. Re ea u lebohela Mokoena!







We are proud of you, Lauren. Love, Daddy and Mommy Daniel, Amie and Niles Always smiling, with her energy reserve topped off, she has seen the next horizon and moved inexorably towards it and beyond. With the nature and grace of the dancer she is, her presence seems to brighten the moment, her sense of humor lifting the spirits of those around her and her unchanging care and concern providing comfort to others. As she has risen above the norm as a daughter, dancer, student and woman, so will she be equally special as doctor and healer.



Congratulations



Congratulations from all the Carlsons and all the Brights.

It's been a joy watching you grow into the woman you are. We are very proud of you and wish you all the best in the future.

CONGRATULATIONS!!!

With Love,

Dad, Mom, Stacey and Gregory











Congratulations to our
Ashley as you begin your
medical life of hope and
expectation.
Love,
Mom, Dad & Colin

There is no medicine like hope, no incentive so great, and no tonic so powerful as expectation of something tomorrow."





To the latest Dr. Hicks:

Somehow we always knew that the Lord had something special in mind for you. Congratulations son for your many years of hard work, focus, and preparation.

We Love You

We Love You, Mom and Dad



Jennifer Jean McGrath

Dear Jen, We know your future is going to be wonderful - just like you!

We love you, Mom, Dad, Shaun, & Gramma











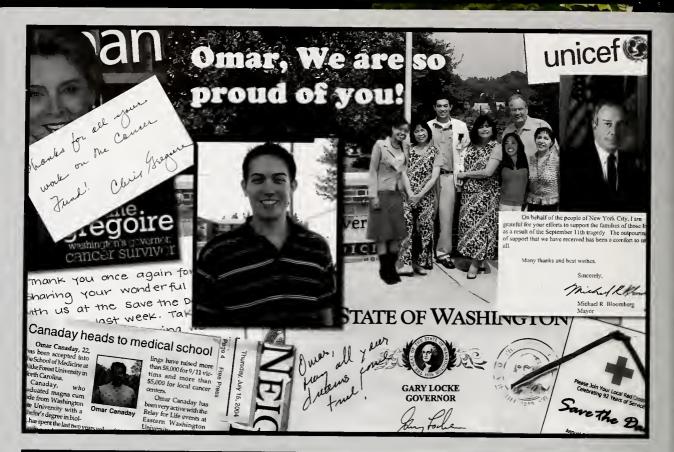




We are **so** proud of you!

Love, Mom, Dad, Ramsey, Brien, Jeanie, & Neal

"for I know the plans I have for you," declares the Lord... "plans to give you hope and a future..." - Jeremiah 29:11







Congratulations Emily!

We are so very proud of you. May God continue to bless and guide you always.

> Our love, Mom and Dad



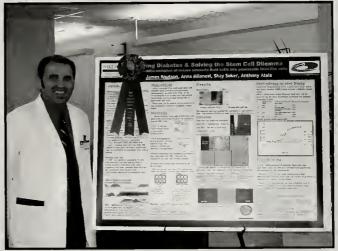




James,

Your hard work and perseverance have earned you great rewards.

We are very proud of your accomplishments and wish you the best in all your endeavors.





Congratulations!

Love, Mom, Dad, Kristin, and Katie



Ellie,

We love you and are very proud of you. What a wonderful life you have shared with your Momer Dad.



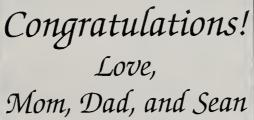
We will love you always,

Mom & Dad











From the Staff



Thank you to everyone who allowed us to share in, and become part of, your life this year by serving as the editors of the 2008 Gray Matter. It has been an honor and a privilege to leave this book as a lasting memory of our time at Wake Forest University.

Holly and Dana

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Colophon

The Gray Matter, Volume 64, was produced by the yearbook staff at Wake Forest University School of Medicine and was printed by Jostens in Winston-Salem, NC. The account was serviced by Ben Wade, Sales Representative, and John Fletcher, Plant Consultant. Lynn Snyder served as adviser.

The cover was designed by Holly Langmuir and Dana Winn. It is a four color lithograph with gold foil application. The end sheets are made of 150 pound Ceontempore Recycled Paper.

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